

Les phéochromocytomes

André Lacroix

Professeur de Médecine

Service d'Endocrinologie

Centre hospitalier de l'Université de Montréal (CHUM)

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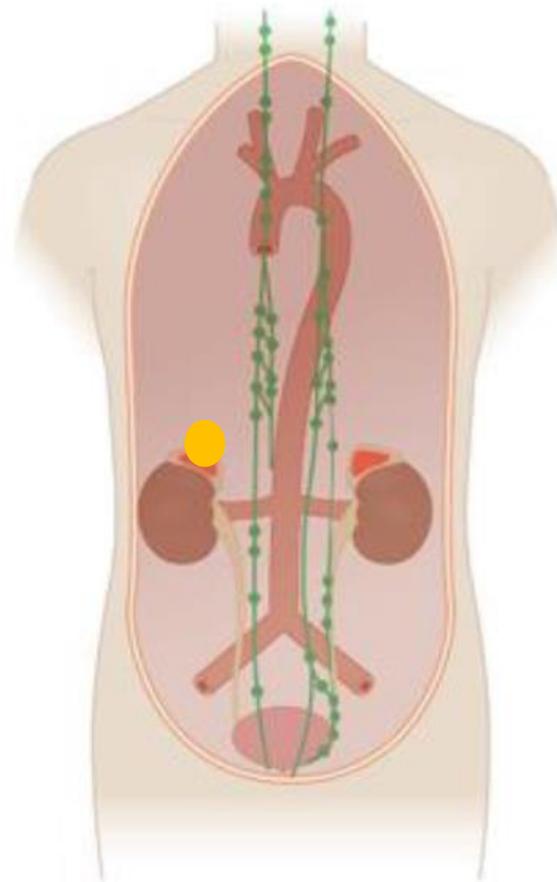
le 13 avril 2018



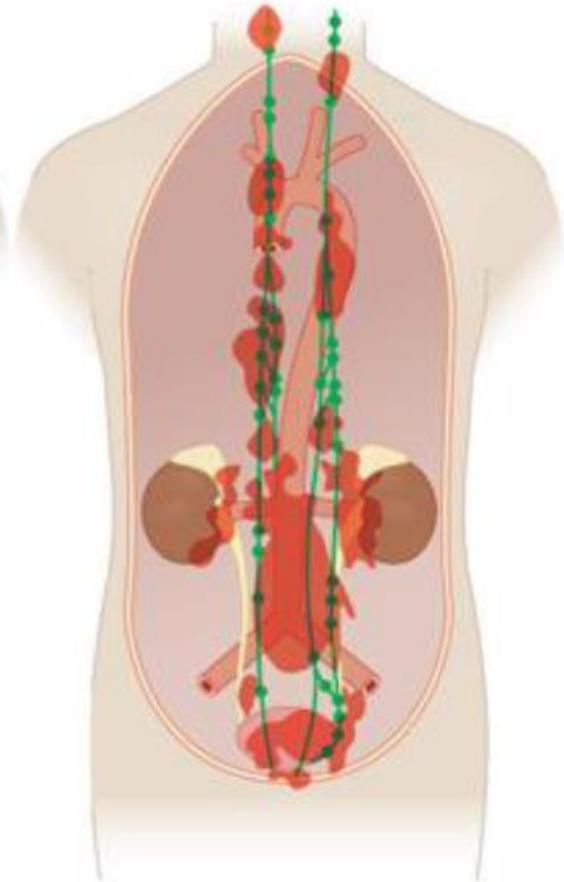
Phéochromocytomes et paragangliomes

Épidémiologie

- Incidence rare:
2-8/million/an
- Âge:
 - Pic: 30-60 ans
moyenne:40 ans
 - 10%: enfance
- Cause héréditaire:
 - 10% avant 1990
 - 35-40% actuel
- Localisation:
 - Surrénale: 85%
 - Maligne: 10%
 - Extra-surrénale: 15%
 - Maligne: 35%

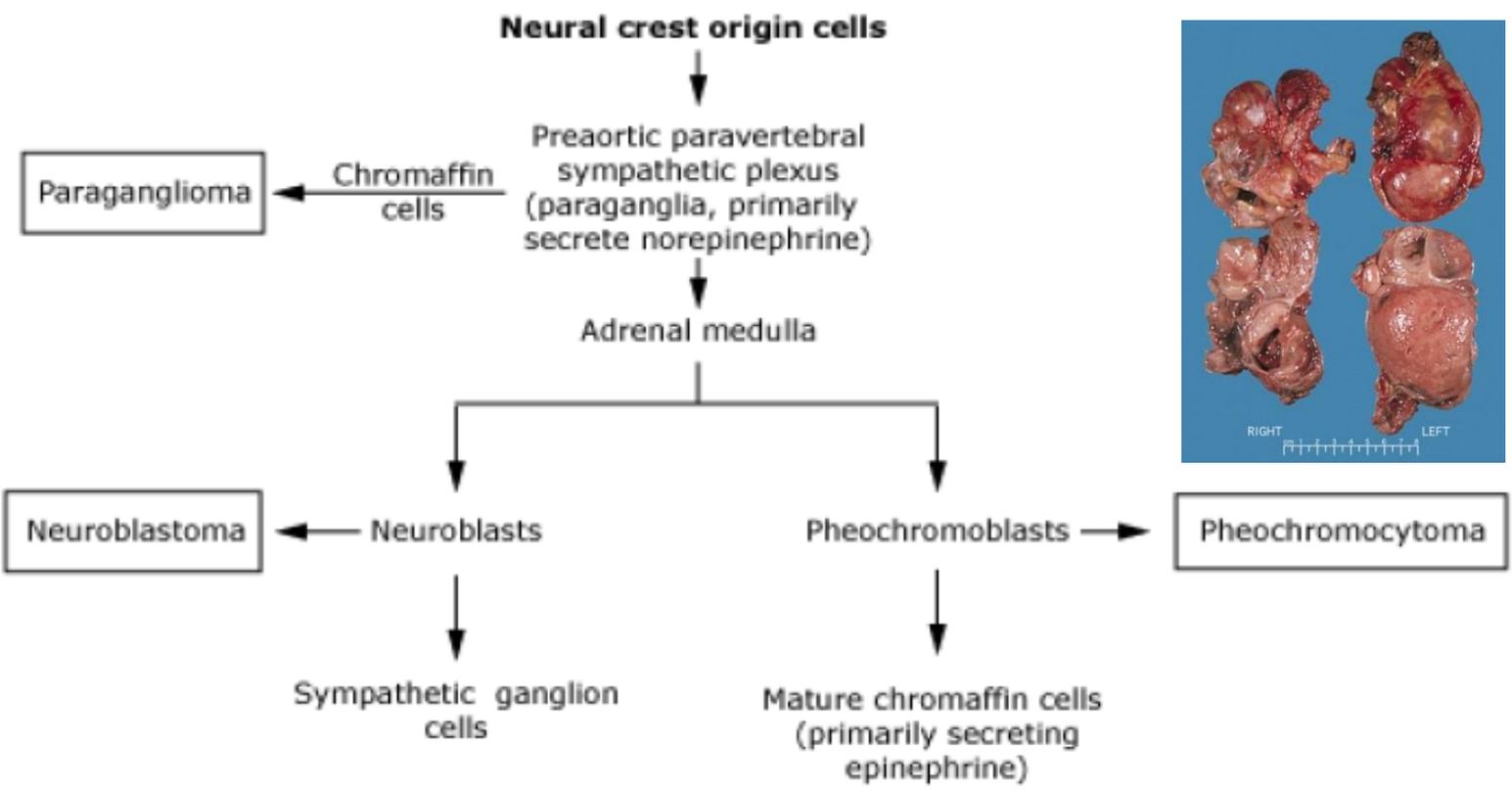
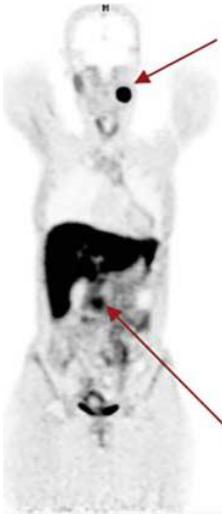


A Adrenal
pheochromocytoma

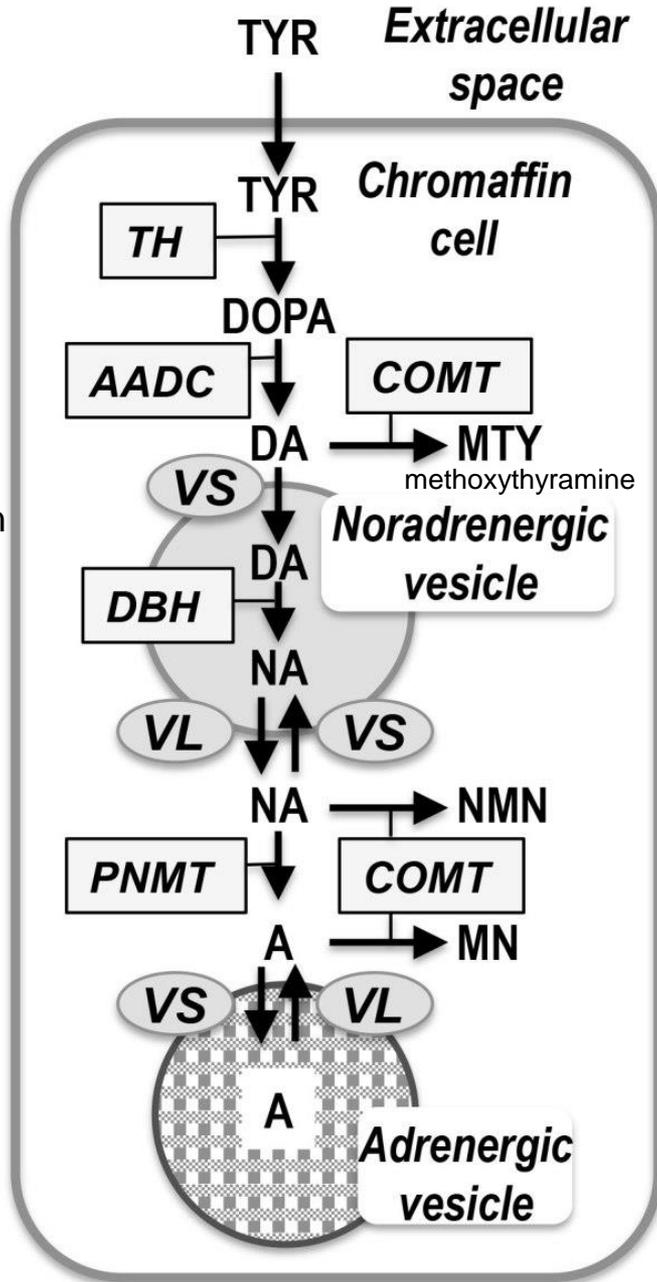


B Extra-adrenal
pheochromocytoma
Paragangliomes

The common embryogenesis of chromaffin cells and sympathetic ganglion cells from primitive cells of the neural crest



Catecholamine synthesis and metabolism



A Catecholamine metabolism

No tumour

Sympathetic nerve varicosities

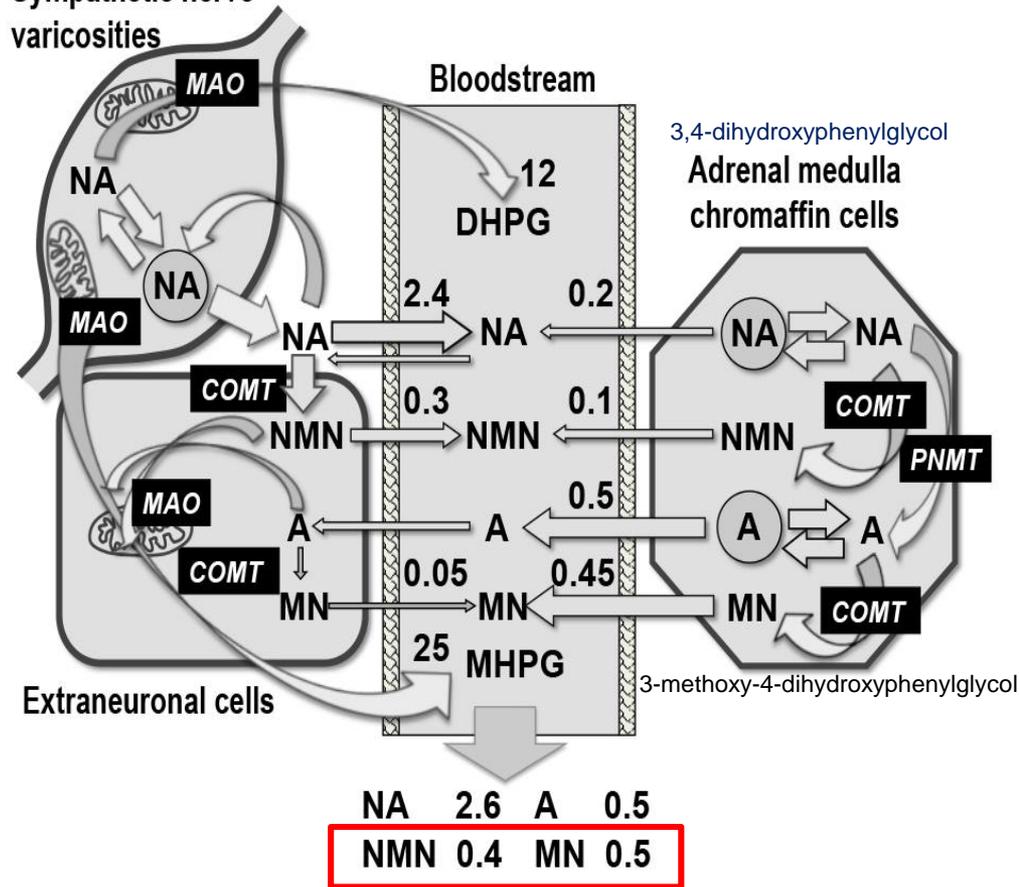


TABLE 2

Classic clinical presentation in patients with pheochromocytoma, present in approximately 40% of patients.

Episodic or paroxysmal hypertension

Headache

Diaphoresis

Flushing

Table 2

Frequency of signs and symptoms in patients with PHEO/PGL.

| Signs | | Symptoms | |
|-------------------------------------|------|--------------------------------|------|
| Hypertension | ++++ | Headaches | ++++ |
| Sustained hypertension | ++ | Palpitations | ++++ |
| Paroxysmal hypertension | ++ | Anxiety or nervousness | +++ |
| Postural hypertension | + | Tremulousness | ++ |
| Tachycardia or reflex bradycardia | +++ | Weakness and fatigue | ++ |
| Excessive sweating | ++++ | Nausea or vomiting | + |
| Pallor | ++ | Pain in chest or abdomen | + |
| Flushing | + | Dizziness or faintness | + |
| Weight loss | + | Paresthesias | + |
| Fasting hyperglycemia | ++ | Constipation (rarely diarrhea) | + |
| Decreased gastrointestinal motility | + | Visual disturbances | + |
| Increased respiratory rate | + | | |

Frequency: highest (++++) to lowest (+). Adapted with permission from Pacak.¹⁰⁶

Until 1995 90% of pheos were believed sporadic, 10%: genetic, bilateral, malignant

Table 4. Hereditary syndromes and subtypes of pheochromocytoma

| Syndrome | Susceptibility gene | Tumor location |
|--|---------------------|--|
| MEN type 2A, 2B | RET | Adrenal (bilateral) |
| VHL type 2A, 2B, 2C | VHL | Adrenal (bilateral) |
| Neurofibromatosis type 1 | NF1 | Adrenal |
| Familial paraganglioma syndrome type 1, 3, 4 | SDHA, SDHB, SDHC | Head and neck, adrenal, extra-adrenal (i.e., gastrointestinal stromal tumor) |
| Familial pheochromocytoma | Chr 2, 16 | Adrenal, extra-adrenal |

MEN: Multiple Endocrine Neoplasia

VHL: Von Hilpel- Lindau syndrome

Varshney N et al, Journal of Kidney Cancer and VHL; 4: 20–29, 2017

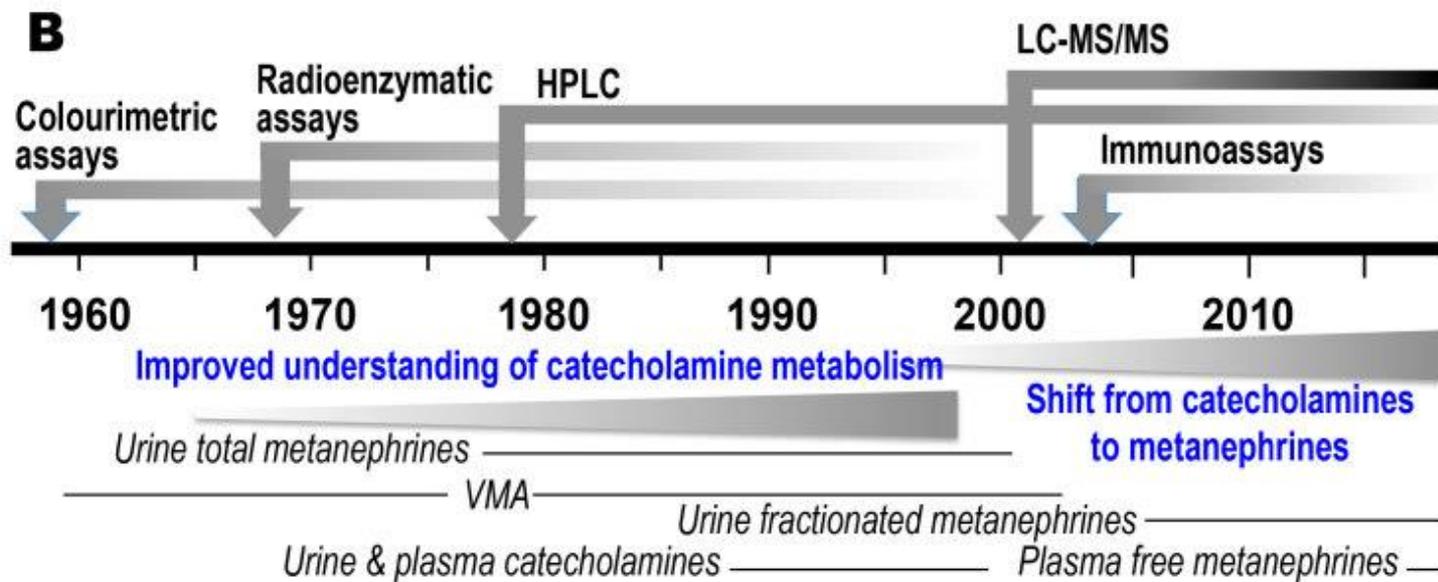
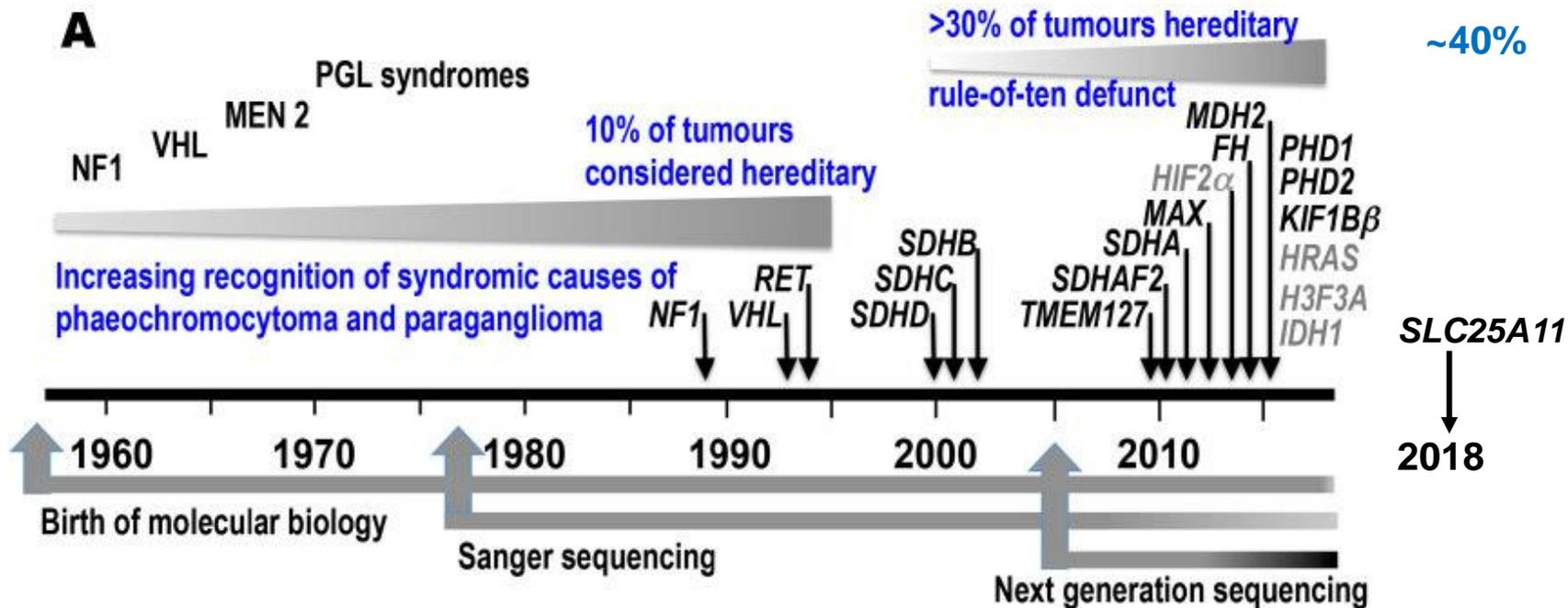
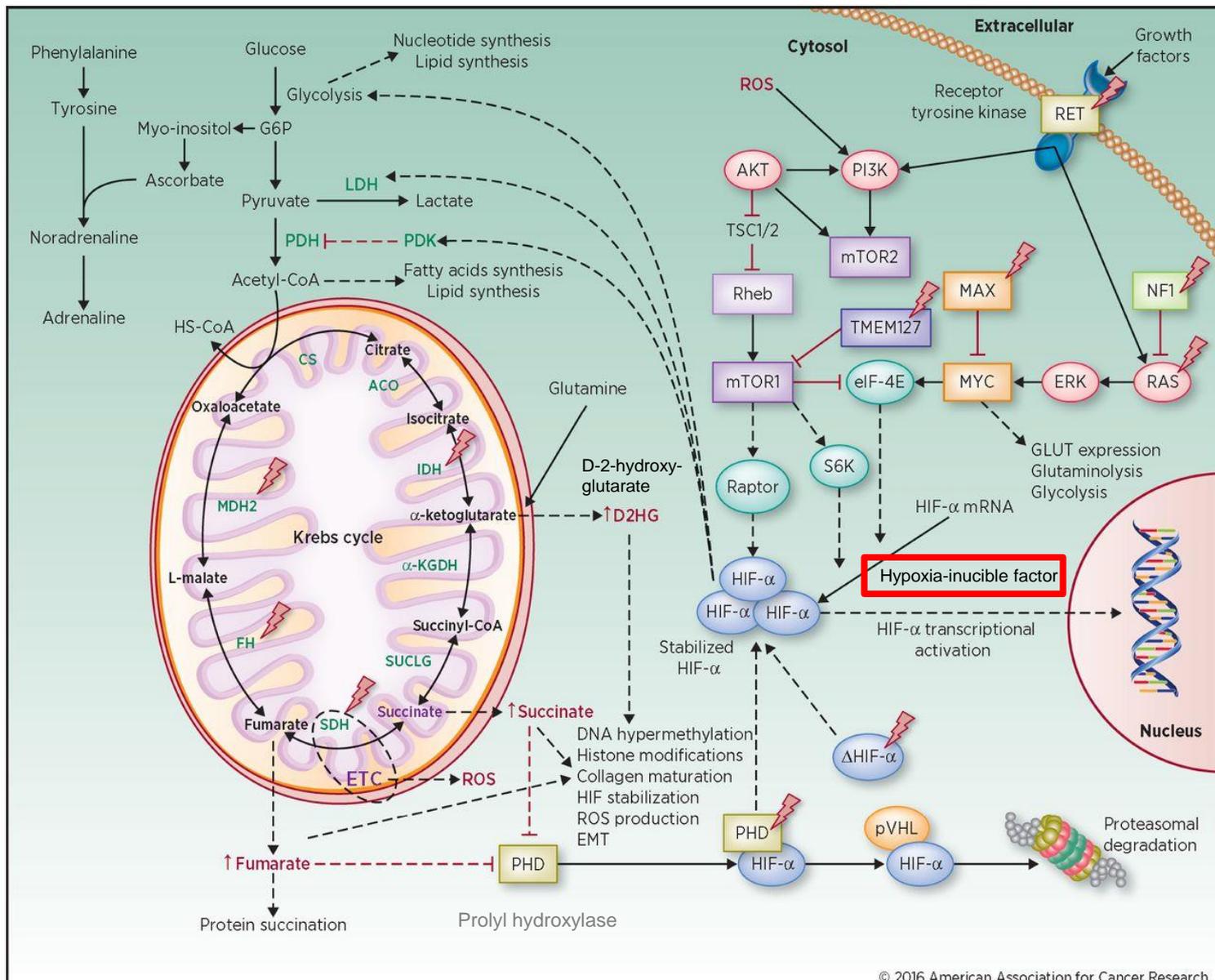


Table 1. PPGL Clusters and Driver Genes

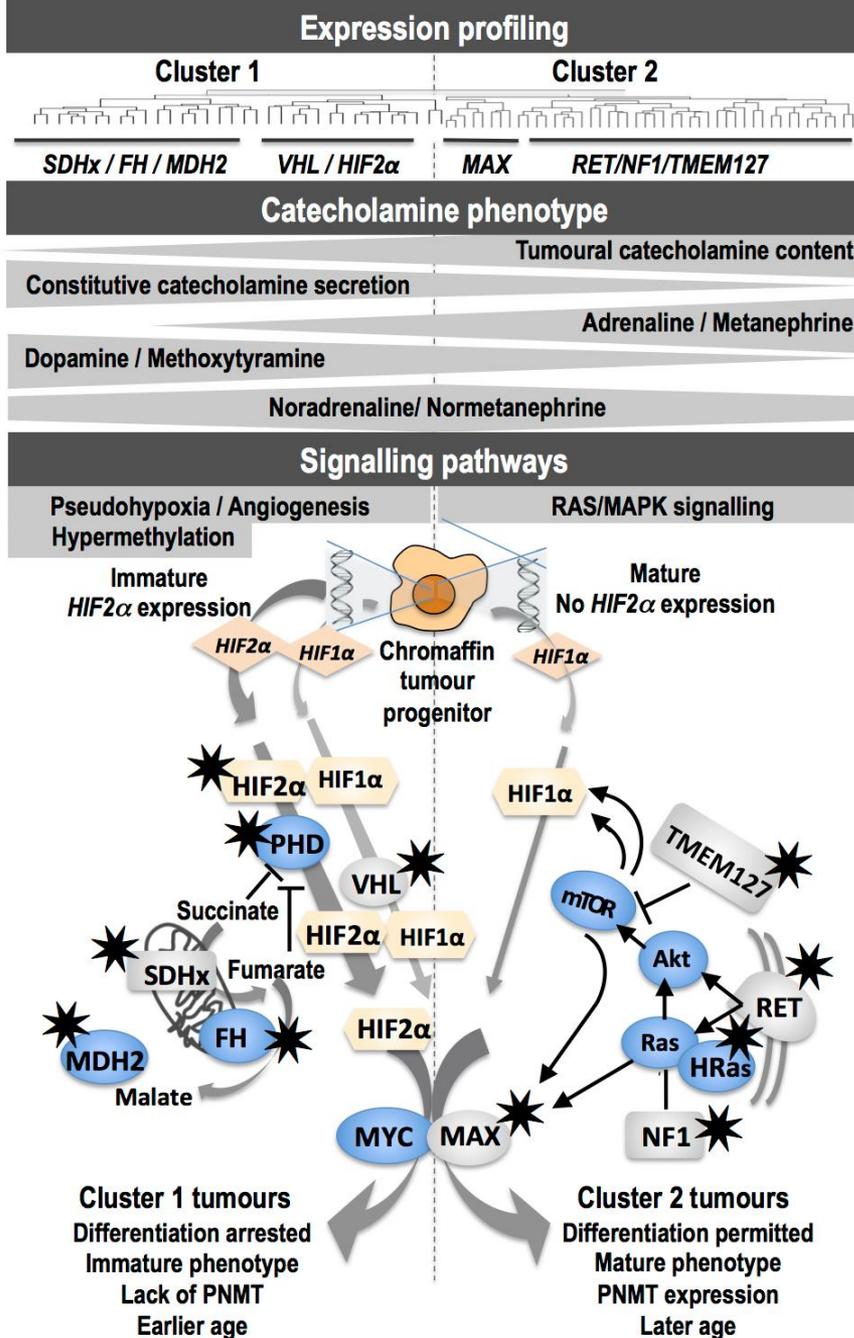
| Molecular Clusters | Proportion Hereditary | Official Symbol | Official Full Name | Type | Germline/Somatic |
|---|-----------------------|-----------------|--|------------|-------------------------------|
| Pseudohypoxia TCA cycle-related (10%–15% of PPGLs) | ~100% | <i>SDHA</i> | Succinate dehydrogenase complex flavoprotein subunit A | TS | Germline |
| | | <i>SDHB</i> | Succinate dehydrogenase complex iron sulfur subunit B | TS | Germline |
| | | <i>SDHC</i> | Succinate dehydrogenase complex subunit C | TS | Germline (genetic/epigenomic) |
| | | <i>SDHD</i> | Succinate dehydrogenase complex subunit D | TS | Germline |
| | | <i>SDHAF2</i> | Succinate dehydrogenase complex assembly factor 2 | TS | Germline |
| | | <i>FH</i> | Fumarate hydratase | TS | Germline |
| Pseudohypoxia, <i>VHL/EPAS1</i> -related (15%–20% of PPGLs) | 25% | <i>VHL</i> | Von Hippel–Lindau tumor suppressor | TS | Germline/somatic |
| | | <i>EPAS1</i> | Endothelial PAS domain protein 1 | OG | Postzygotic/somatic |
| Wnt signaling (5%–10% of PPGLs) ^a | 0% | <i>CSDE1</i> | Cold shock domain containing E1 | TS | Somatic |
| | | <i>MAML3</i> | Mastermind like transcriptional coactivator 3 | OG, fusion | Somatic |
| Kinase signaling (50%–60% of PPGLs) | 20% | <i>RET</i> | Ret proto-oncogene | OG | Germline/somatic |
| | | <i>NF1</i> | Neurofibromin 1 | TS | Germline/somatic |
| | | <i>MAX</i> | MYC-associated factor X | TS | Germline/somatic |
| | | <i>TMEM127</i> | Transmembrane protein 127 | TS | Germline |
| | | <i>HRAS</i> | HRas proto-oncogene, GTPase | OG | Somatic |

Metabolic changes in PHEO/PGL.



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Microarray Transcriptome de PPGL



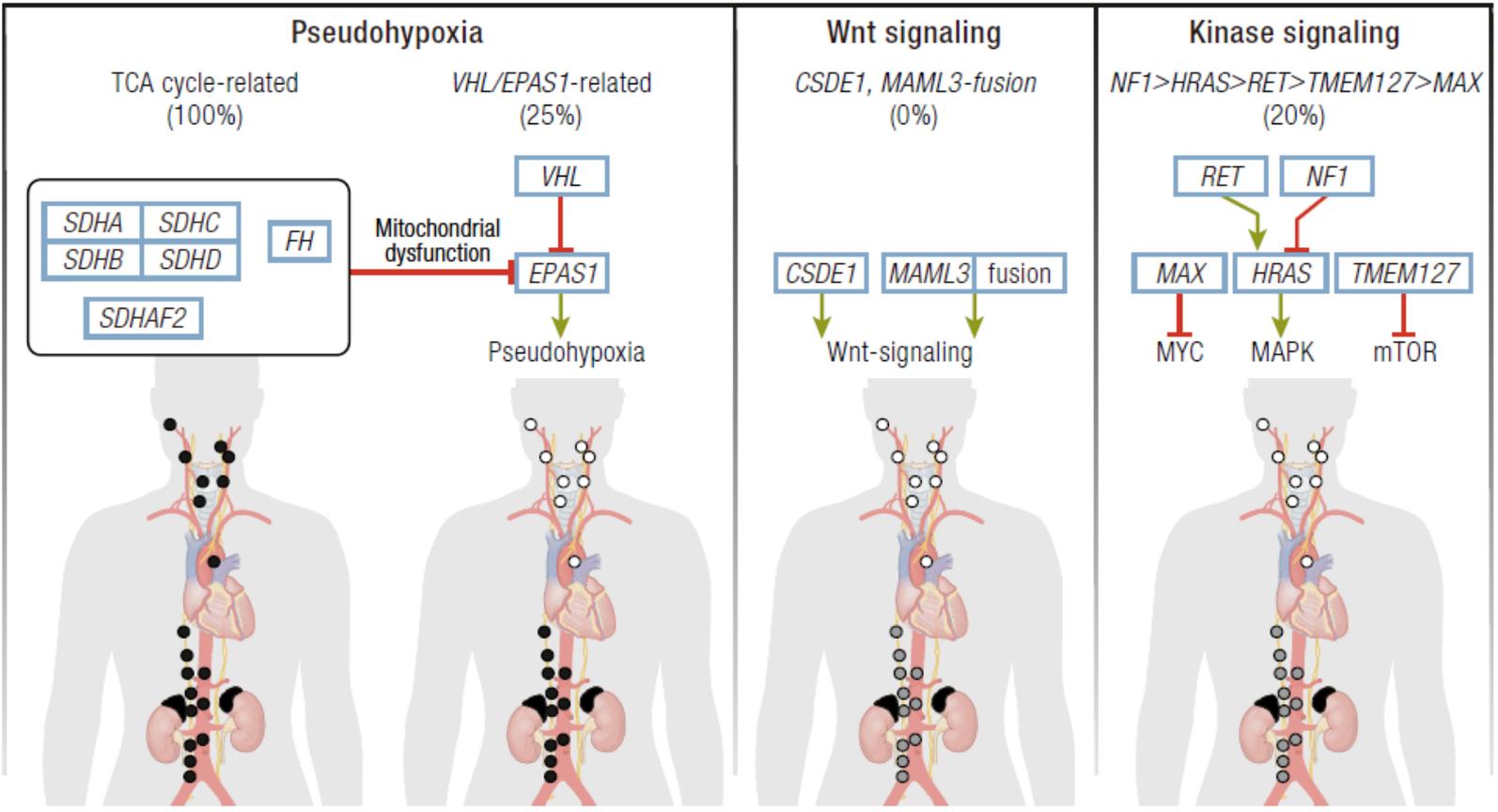
Eisenhofer et al Clin Biochem Rev 38, 69, 2017

**Cluster
Driver alteration
(degree hereditary)**

**Altered
pathways**

Location

Location of metastasis
 ● Common
 ○ Uncommon
 ○ Not occurring



**Paraganglial cell
differentiation**

**Risk of metastatic
disease**



Crona J, Taieb D and Pacak K Endocrine Reviews 38: 489, 2017

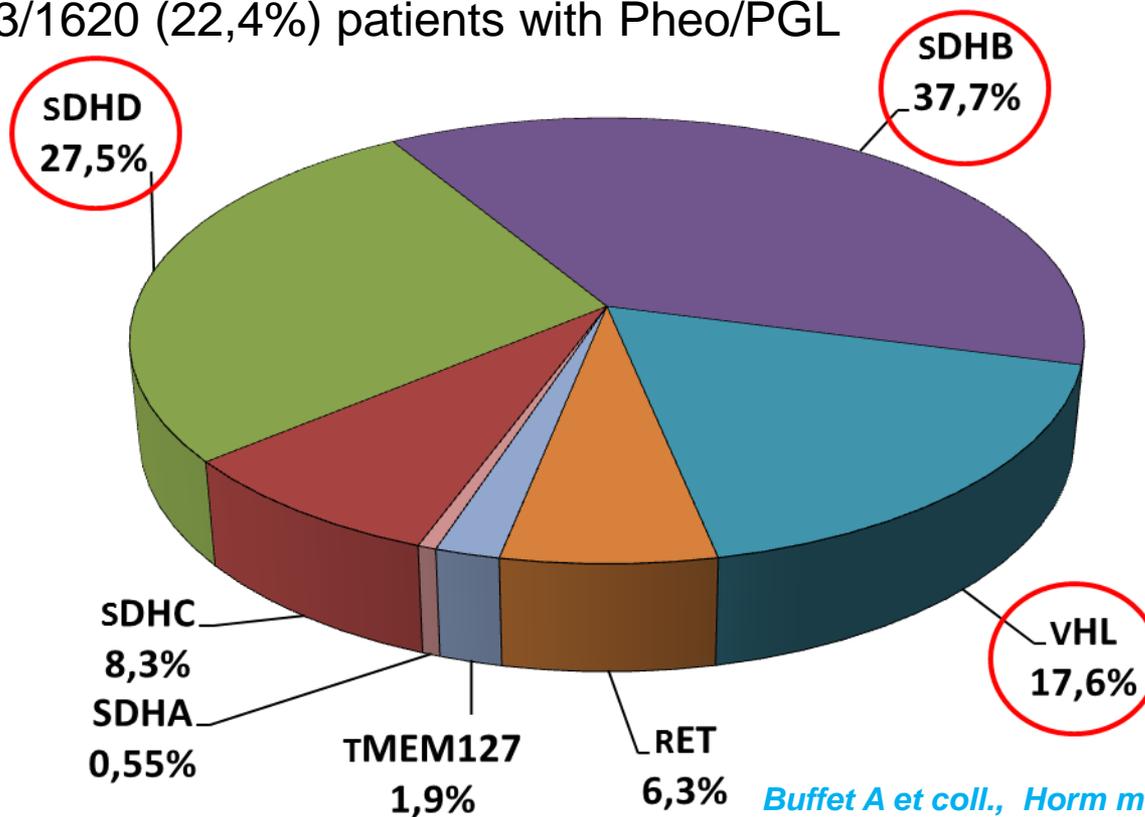
Table 8. Detected Germline Mutations in All PPGL Patients

| First Author, Year (Ref.) | No. of Cases | Mutations | | | | | | | | | | n | % |
|--|--------------|-------------|------------|----------------------|-----------------------|-----------------------|----------------------|----------|----------|----------|-----|-------------|-------------|
| | | SDHB | SDHD | SDHC | VHL | RET | NF1 | SDHA | SDHAF2 | TMEM127 | MAX | | |
| Lefebvre, 2012 (170) | 269 | 21 | 12 | 6 | ND | ND | ND | ND | 0 | 5 | ND | 44 | 16.3 |
| Amar, 2005 (165); Burnichon, 2009 (166) | 721 | 99 | 131 | 16 | 25 | 16 | 13 | ND | ND | ND | ND | 300 | 41.6 |
| Mannelli, 2009 (162) | 501 | 24 | 47 | 4 | 48 | 27 | 11 | ND | ND | ND | ND | 161 | 32.1 |
| Cascón, 2009 (163) | 237 | 25 | 11 | 1 | 20 | 36 | ND | ND | ND | ND | ND | 93 | 39.2 |
| Jafri, 2012 (167) | 501 | 121 | 44 | ND | 19 | ND | ND | ND | ND | ND | ND | 184 | 36.7 |
| Eric, 2009 (168) | 1149 | 73 | 28 | 2 | 120 | 80 | 43 | ND | ND | ND | ND | 346 | 30.1 |
| Korpershoek, 2011 (169) | 316 | 16 | 26 | 2 | 19 | 26 | 21 | 5 | 5 | 2 | ND | 122 | 38.6 |
| Total n | 3694 | 379 | 299 | 31 | 251 | 185 | 88 | 5 | 5 | 7 | | 1250 | 33.8 |
| Mutation rate | | 10.3 | 8.9 | 1.0 (31/3193) | 7.3 (251/3425) | 6.3 (185/2924) | 3.3 (88/2687) | | | | | | |

ND, not determined.

Lenders JWM et al. J Clin Endocrinol Metab 99: 1915–1942, 2014

Mutations in 363/1620 (22,4%) patients with Pheo/PGL



Buffet A et coll., Horm metab Res, 44: 359, 2012

Pheochromocytoma and Paraganglioma: An Endocrine Society Clinical Practice Guideline

Jacques W. M. Lenders, Quan-Yang Duh, Graeme Eisenhofer, Anne-Paule Gimenez-Roqueplo, Stefan K. G. Grebe, Mohammad Hassan Murad, Mitsuhide Naruse, Karel Pacak, and William F. Young, Jr

TABLE 3

When to suspect a pheochromocytoma.

Biochemical evaluation clearly indicated

Resistant hypertension requiring multiple antihypertensive medications

Hyperadrenergic episodes (anxiety or palpitations or flushing diaphoresis)

Incidental adrenal tumor in an asymptomatic patient

Family history of pheochromocytoma or familial predisposing syndrome

Biochemical evaluation should be strongly considered

Paroxysmal or new-onset hypertension

Unexplained anxiety attacks

Idiopathic cardiomyopathy

Hypertension or cardiomyopathy in a young patient (< 25 y)

Severe hypertension or pressor response during anesthesia or sedation (ie, for colonoscopy)

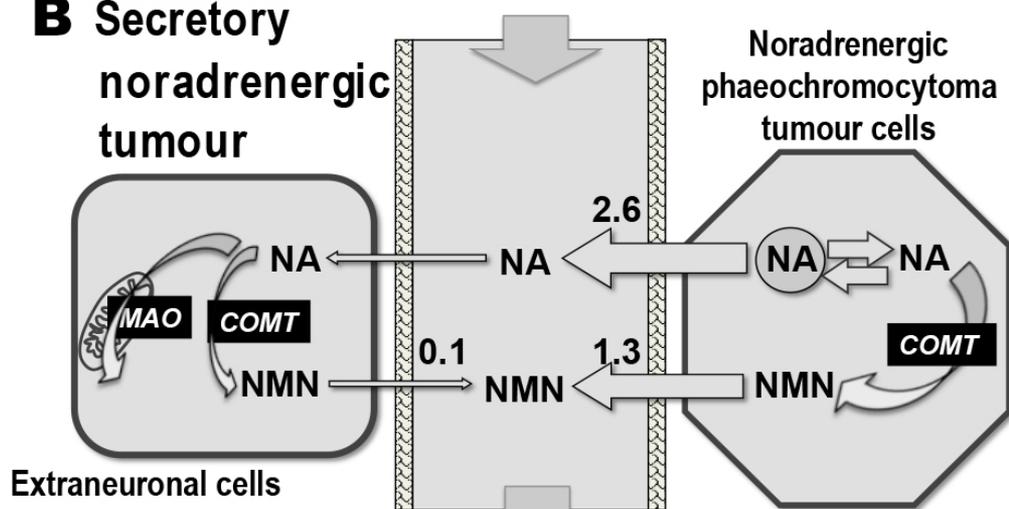
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Table 2. Medications That Are Implicated in Adverse Reactions in Patients with Pheochromocytoma and That Can Precipitate a Crisis

| Class of Drugs | Examples |
|--|--|
| Dopamine D2 receptor antagonists (including some antiemetic agents and antipsychotics) | Metoclopramide, sulpiride, amisulpride, tiapride, chlorpromazine, prochlorperazine, droperidol |
| β -Adrenergic receptor blockers ^a | Propranolol, sotalol, timolol, nadolol, labetalol |
| Sympathomimetics | Ephedrine, pseudoephedrine, fenfluramine, methylphenidate, phentermine, dexamfetamine |
| Opioid analgesics | Morphine, pethidine, tramadol |
| Norepinephrine reuptake inhibitors (including tricyclic antidepressants) | Amitriptyline, imipramine, |
| Serotonin reuptake inhibitors (rarely reported) | Paroxetine, fluoxetine |
| Monoamine oxidase inhibitors | Tranlycypromine, moclobemide, phenelzine |
| Corticosteroids | Dexamethasone, prednisone, hydrocortisone, betamethasone |
| Peptides | ACTH, glucagon |
| Neuromuscular blocking agents | Succinylcholine, tubocurarine, atracurium |

^a Although most case reports on β -adrenergic receptor blockers pertain to nonselective blockers, selective β_1 -blockers may also precipitate a crisis because at higher doses they may lose β_1 -selectivity.

B Secretory noradrenergic tumour

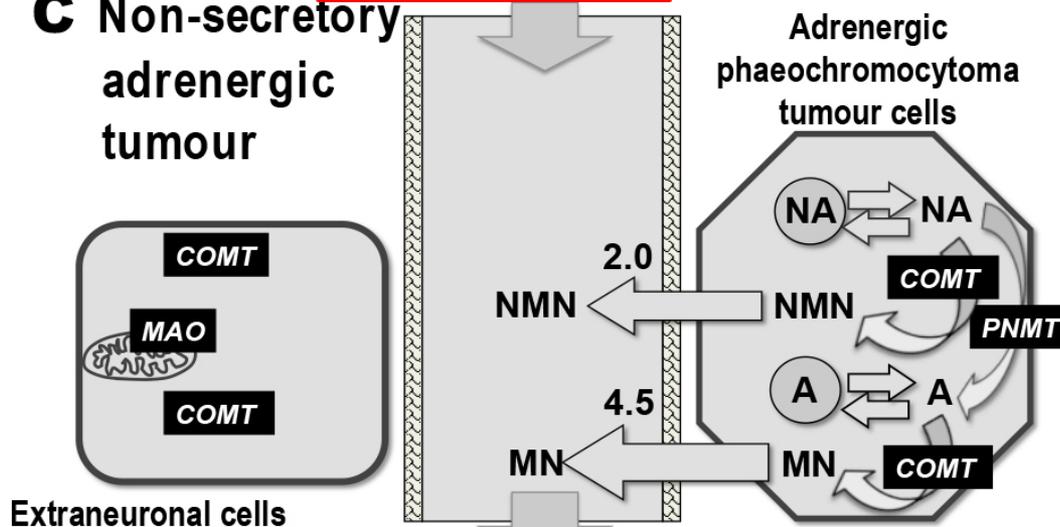


With noradrenergic phaeochromocytoma

| | | | |
|-----|-----|----|-----|
| NA | 5.2 | A | 0.5 |
| NMN | 1.8 | MN | 0.5 |

NA 2.0-fold increase
NMN 4.5-fold increase

C Non-secretory adrenergic tumour



With adrenergic phaeochromocytoma

| | | | |
|-----|-----|----|-----|
| NA | 2.6 | A | 0.5 |
| NMN | 2.4 | MN | 5.0 |

NA & A No increase
NMN 6-fold increase
MN 10-fold increase

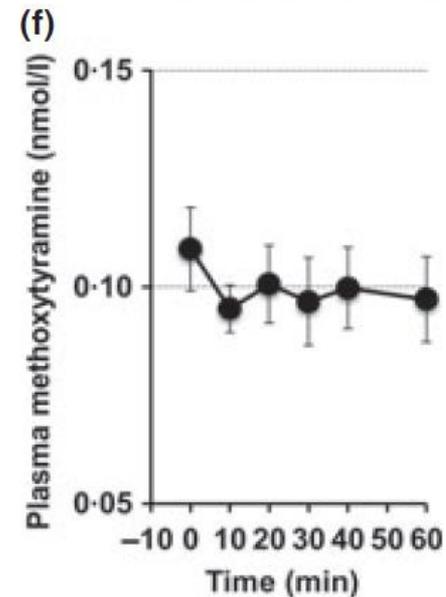
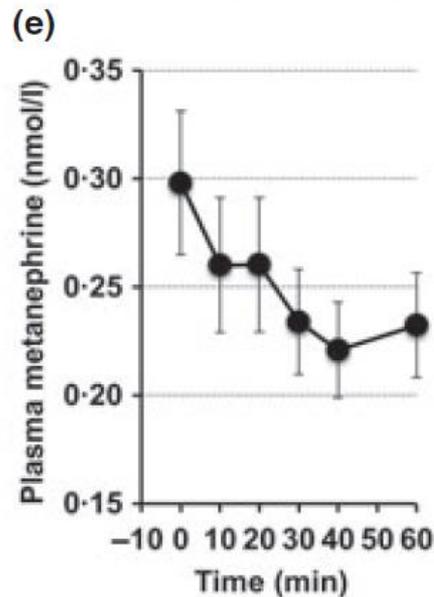
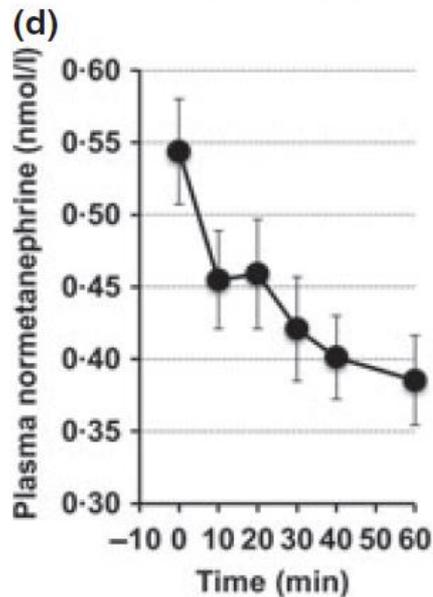
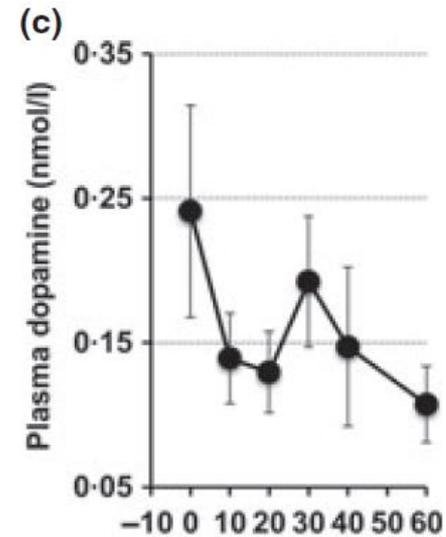
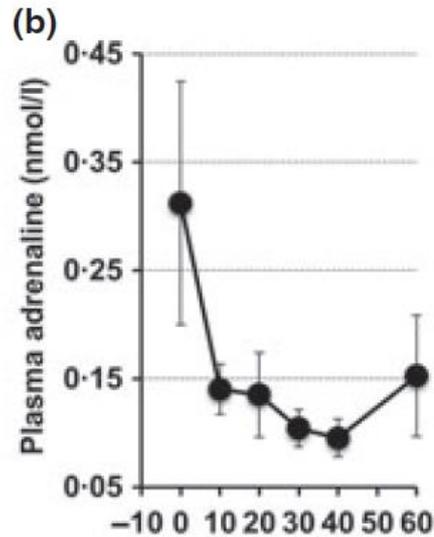
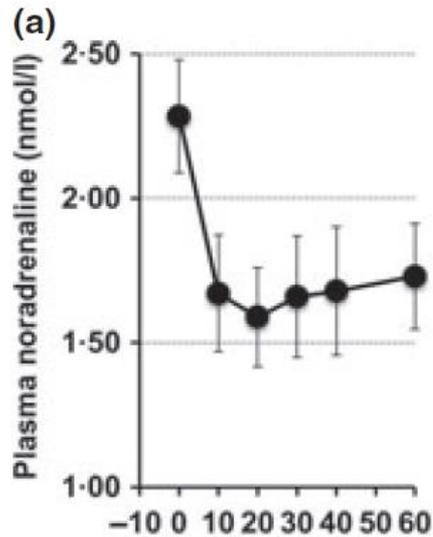
Pheochromocytoma and Paraganglioma: An Endocrine Society Clinical Practice Guideline

Table 5. Comparison of Diagnostic Performance of Plasma Free Versus Urinary Fractionated Metanephrines from 5 Available Studies

| First Author, Year (Ref.) | Sensitivity | | Specificity | |
|---------------------------------|-----------------|-----------------|-----------------|-----------------|
| | Plasma | Urine | Plasma | Urine |
| Lenders, 2002 (39) | 98.6% (211/214) | 97.1% (102/105) | 89.3% (575/644) | 68.6% (310/452) |
| Unger, 2006 (42) | 95.8% (23/24) | 93.3% (14/15) | 79.4% (54/68) | 75.0% (39/52) |
| Hickman, 2009 (46) ^a | 100.0% (14/14) | 85.7% (12/14) | 97.6% (40/41) | 95.1% (39/41) |
| Grouzmann, 2010 (48) | 95.7% (44/46) | 95.0% (38/40) | 89.5% (102/114) | 86.4% (121/140) |
| Unger, 2012 (53) | 89.5% (17/19) | 92.9% (13/14) | 90.0% (54/60) | 77.6% (38/49) |

^a Data restricted to that available from Table 4 of those studies where all measurements were made.

Plasma catecholamine after transition from seated to supine posture



Plasma methoxytyramine: A novel biomarker of metastatic pheochromocytoma and paraganglioma in relation to established risk factors of tumour size, location and SDHB mutation status



Graeme Eisenhofer ^{a,b,*}, Jacques W.M. Lenders ^{b,c}, Gabriele Siegert ^a, Stefan R. Bornstein ^b, Peter Friberg ^d, Dragana Milosevic ^e, Massimo Mannelli ^f, W. Marston Linehan ^g, Karen Adams ^h, Henri J. Timmers ^{c,h}, Karel Pacak ^h

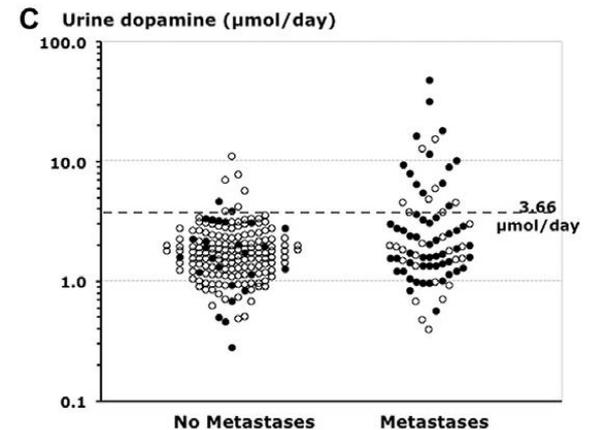
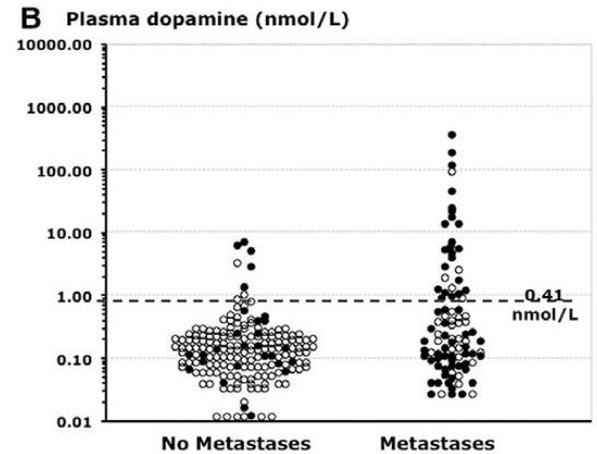
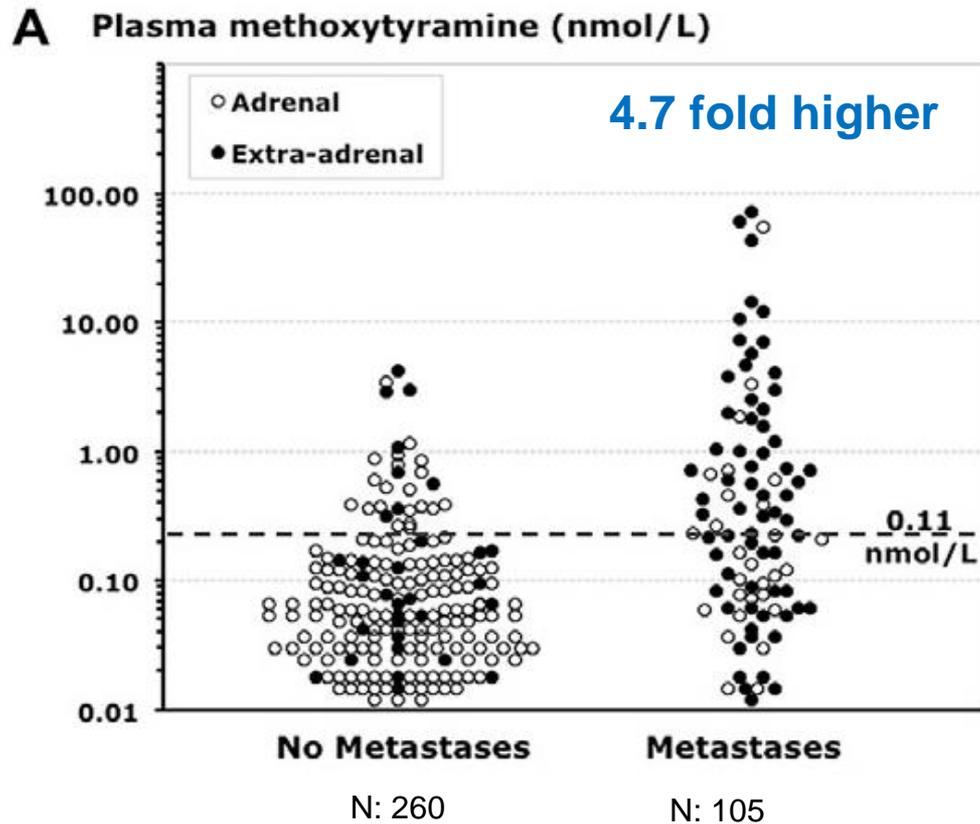


Table 2. Age-Related Upper Cut-off Values for Plasma Metanephrines and 3-Methoxytyramine

| Age, yr | Normetanephrine, nmol/L | Metanephrine, nmol/L | 3-Methoxytyramine, nmol/L |
|---------|----------------------------|-------------------------|------------------------------|
| 5–17 | 0.47 | 0.45 | 0.10 |
| 18–29 | 0.58 | 0.45 | 0.10 |
| 30–39 | 0.70 | 0.45 | 0.10 |
| 40–49 | 0.79 | 0.45 | 0.10 |
| 50–59 | 0.87 | 0.45 | 0.10 |
| >60 | 1.05 | 0.45 | 0.10 |

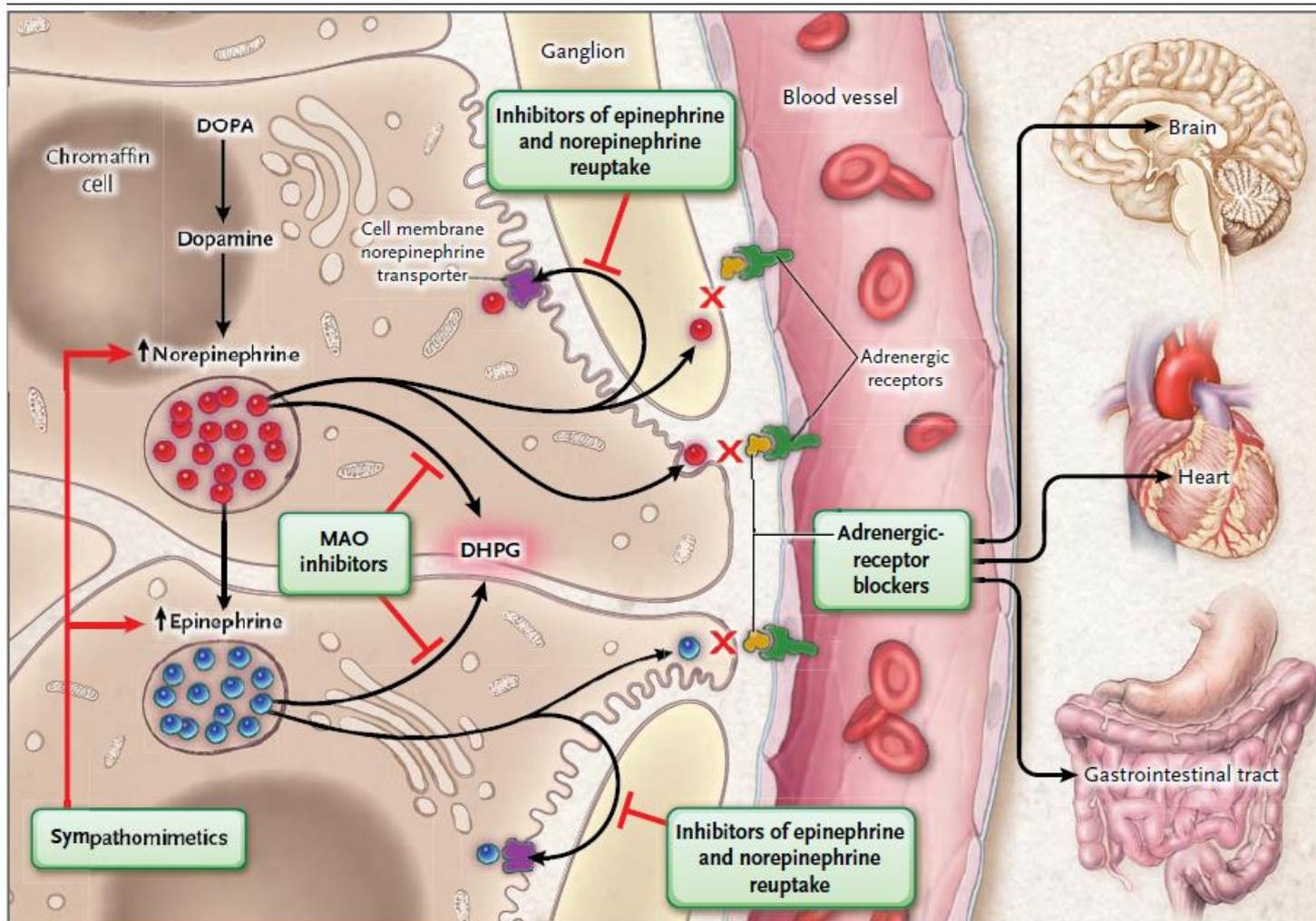


Figure 1. Mechanisms of Pharmacologic Interference with Catecholamines and Metanephrines.

Sympathomimetic agents such as ephedrine, amphetamine, caffeine, and nicotine increase the release of norepinephrine and epinephrine. Monoamine oxidase (MAO) inhibitors block the conversion of norepinephrine and epinephrine to dihydroxyphenylglycol (DHPG), leading to increased concentrations and availability of these two catecholamines. Drugs that inhibit norepinephrine and epinephrine reuptake, such as serotonin–norepinephrine reuptake inhibitors (e.g., venlafaxine), “selective” serotonin-reuptake inhibitors, and tricyclic antidepressants, lead to increased concentrations of norepinephrine and epinephrine in the synaptic clefts. The α -adrenergic-receptor blockers and β -adrenergic-receptor blockers reduce the effects of catecholamines on end organs such as the brain, heart, gastrointestinal tract, and others. DOPA denotes dihydroxyphenylalanine.

Table 7. Major Medications That May Cause Falsely Elevated Test Results for Plasma and Urinary Metanephrines

| | Plasma | | Urine | |
|--|--------|----|-------|----|
| | NMN | MN | NMN | MN |
| Acetaminophen ^a | ++ | – | ++ | – |
| Labetalol ^a | – | – | ++ | ++ |
| Sotalol ^a | – | – | ++ | ++ |
| α-Methyldopa ^a | ++ | – | ++ | – |
| Tricyclic antidepressants ^b | ++ | – | ++ | – |
| Bupirone ^a | – | ++ | – | ++ |
| Phenoxybenzamine ^b | ++ | – | ++ | – |
| MAO-inhibitors ^b | ++ | ++ | ++ | ++ |
| Sympathomimetics ^b | + | + | + | + |
| Cocaine ^b | ++ | + | ++ | + |
| Sulphasalazine ^a | ++ | – | ++ | – |
| Levodopa ^c | + | + | ++ | + |

Abbreviations: MAO, monoamine oxidase; MN, metanephrine; NMN, normetanephrine; ++, clear increase; +, mild increase; –, no increase.

^a Analytical interference for some but not all methods employing LC-ECD.

^b Pharmacodynamic interference leading to increased levels affecting all analytical methods.

^c Analytical interference with some LC-ECD assays, and also pharmacodynamic interference increase the dopamine metabolite 3-methoxytyramine affecting all analytical methods.

TABLE 5

Foods to avoid for patients with pheochromocytoma.

Chocolate

Beer and wine

Cured or smoked meats

Aged cheeses (including yogurt and sour cream)

Fermented soy bean or fish products (tofu, soy sauce, fish sauce, and shrimp paste)

Nuts (peanuts, coconuts, and Brazil nuts)

Certain fruits (raspberries, red plums, pineapples, bananas, and figs)

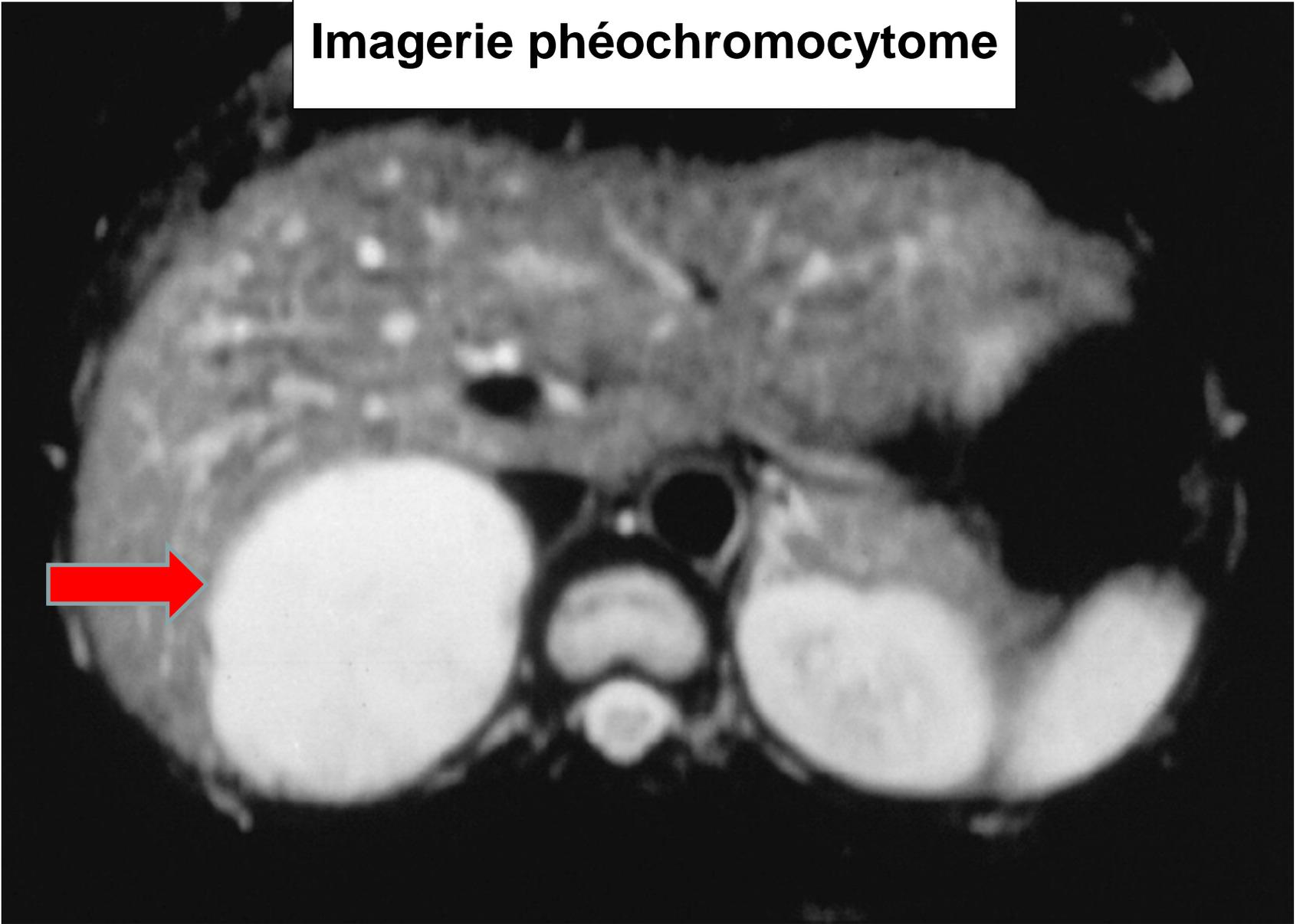
Certain vegetables (avocados, eggplants, fava beans, snow peas, green beans, and sauerkraut)

Imagerie phéochromocytome



Tomographie axiale

Imagerie phéochromocytome

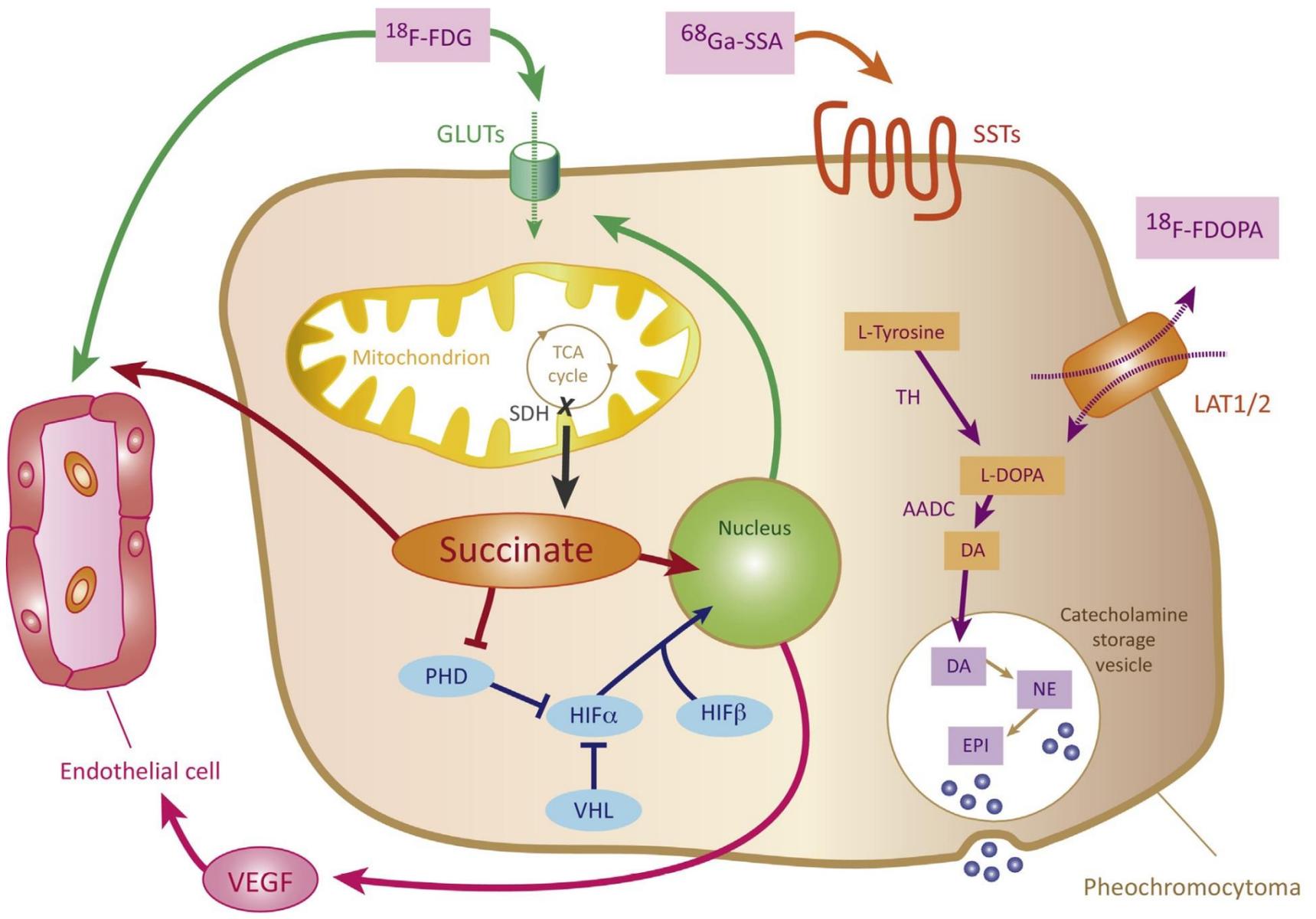


IRM gadolinium

Table 2

Diagnostic imaging modalities: strengths and weaknesses

| | Strengths | Weakness |
|-------------------------------------|---|---|
| CT with and without IV contrast | <ul style="list-style-type: none"> • Localizes Pheo/PGL with 88%–100% sensitivity • Easiest for surgeon to interpret • Often the only imaging modality necessary to localize and plan for resection | <ul style="list-style-type: none"> • Lacks specificity • Lower sensitivity (64%) for extra-adrenal or bilateral tumors • Requires IV contrast |
| MRI | <ul style="list-style-type: none"> • Localizes Pheo/PGL with 88%–100% sensitivity • Localizes extra-adrenal and familial adrenal Pheo/PGL with near 100% sensitivity • Avoids radiation exposure of CT | <ul style="list-style-type: none"> • Difficult to interpret for surgical planning • Less tolerated by some patients (claustrophobia) |
| 123 I-MIBG-SPECT with or without CT | <ul style="list-style-type: none"> • Can confirm biochemical diagnosis of Pheo/PGL with 95%–100% specificity | <ul style="list-style-type: none"> • Lower sensitivity than CT/MRI • 50% of normal adrenal glands demonstrate uptake (false positives) • Sensitivity reduced in familial PGL, malignant disease and extra-adrenal Pheo/PGL |
| Octreotide scan | <ul style="list-style-type: none"> • High sensitivity for metastatic disease • Can be positive in tumors that have no MIBG uptake | <ul style="list-style-type: none"> • Variable uptake in tumors • Less sensitive than 123 I-MIBG for primary disease |



Trends in Endocrinology & Metabolism

Taieb D and Pacak K TEM 28 :807-817, 2017

| | | |
|-----------------------|--|---|
| 18 F-FDG PET/CT | <ul style="list-style-type: none"> • Superior to 123 I-MIBG, 18 F-FDA in visualization of malignant Pheo/PGL and metastasis; especially in patients with <i>SDHB</i> mutations | <ul style="list-style-type: none"> • Cannot be differentiated between benign and malignant lesions • Expensive |
| 18 F-FDA PET/CT | <ul style="list-style-type: none"> • Good imaging agent for Pheo/PGL • Superior to 123 or 131 I-MIBG in detection of Pheo/PGL especially for malignant tumors (testing only in VHL) | <ul style="list-style-type: none"> • Difficult to produce and limited availability • Normal adrenal uptake (false positives) • Expensive |
| 18 F-FDOPA PET/CT | <ul style="list-style-type: none"> • Superior to 123 I-MIBG in detection of Pheo/PGL • Does not concentrate within normal adrenal tissue | <ul style="list-style-type: none"> • Low sensitivity for metastatic Pheo/PGL • Limited availability • Expensive |
| 68 Ga-DOTATATE PET/CT | <ul style="list-style-type: none"> • High sensitivity in patients with high risk of PGL and metastatic disease • Superior to 123-MIBG in detecting lesions in all locations, particularly bone | <ul style="list-style-type: none"> • Available only in clinical trials • Expensive |

Abbreviations: 68-Ga-DOTATATE, 68-gallium 1,4,7,10-terazacyclododecane-1,4,5,10-teraacetic acid-octreotate; CT, computed tomography; FDA, fluorodopamine; FDG, fluorodeoxyglucose; FDOPA, fluorodihydroxy-phenylalanine; IV, intravenous; MIBG, I-metaiodobenzylguanidine; PGL, paraganglioma; Pheo, pheochromocytoma; SPECT, single-photon emission CT.

SDHB mutated patient

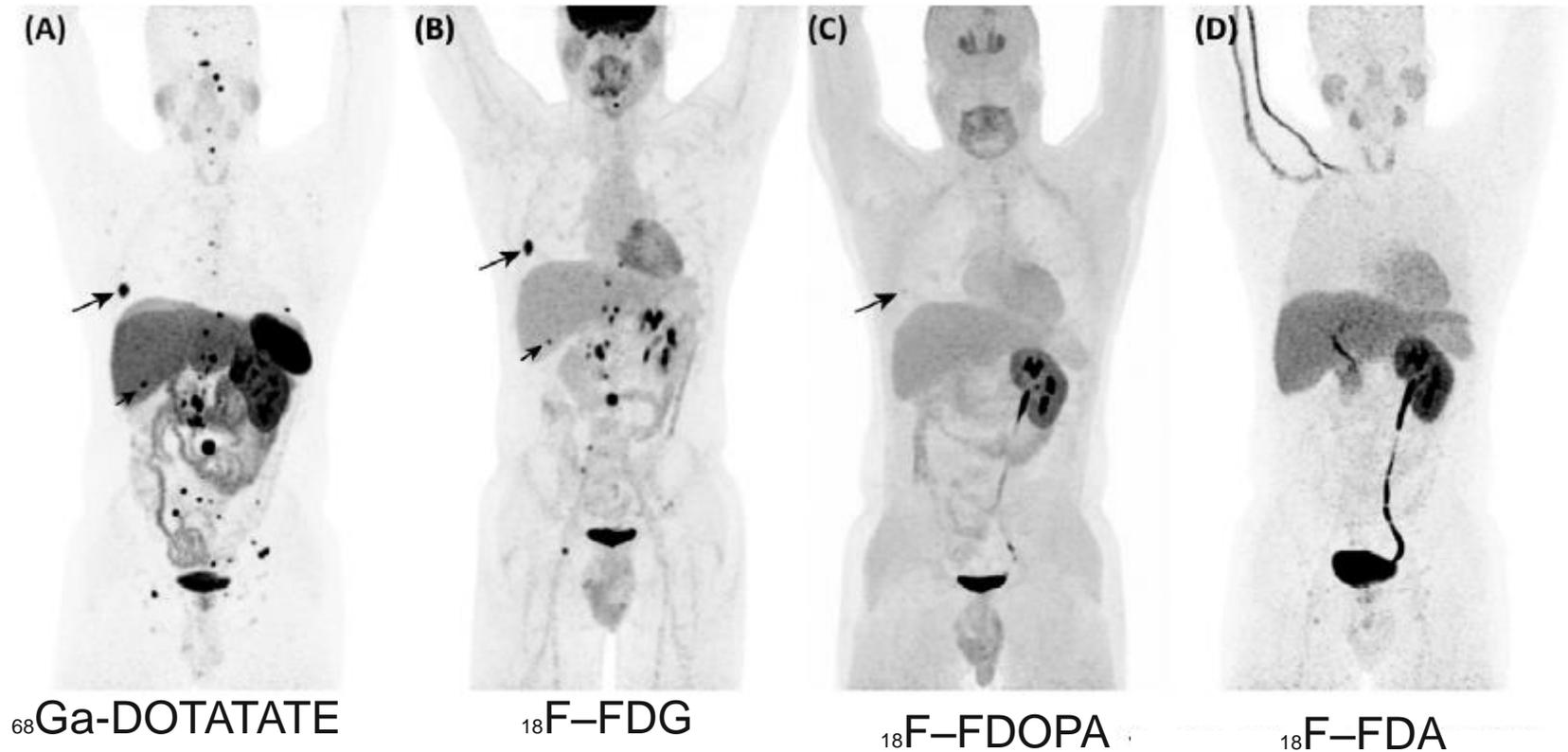


Figure 2. PET-Based Imaging Phenotyping in a Patient with Metastatic Pheochromocytoma. A 23-year-old *SDHB* patient who was first diagnosed with right adrenal pheochromocytoma at the age of 10 years presents to us with metastases (hotspots) in the lung (long arrow), liver (short arrow), retroperitoneum, and skeleton. PET images using four different radiopharmaceuticals are presented: ^{68}Ga -DOTATATE (A), ^{18}F -FDG (B), ^{18}F -FDOPA (C), and ^{18}F -FDA (D). ^{68}Ga -DOTATATE identifies more metastatic lesions than ^{18}F -FDG (B), whereas ^{18}F -FDOPA (C) shows a doubtful uptake focus in the right lower lung nodule, marked by a long arrow, while ^{18}F -FDA (D) is essentially negative. This imaging feature is typical of *SDHB*-related metastatic pheochromocytoma. Abbreviations: DOTATATE, Tyr3-octreotate; FDG, 2-fluoro-2-deoxy-D-glucose; FDOPA, fluorodopa; PET, positron emission tomography.

Table 1. Current Proposed PET Radiopharmaceuticals for PPGL Imaging According to Genetic Background

| | Location | Other related tumor conditions | First-choice radiopharmaceutical | Second-choice radiopharmaceutical |
|--------------------|---------------------|--|----------------------------------|-----------------------------------|
| <i>SDHB</i> | Adrenal/extradrenal | GISTs, RCCs, and pituitary adenomas | ⁶⁸ Ga-DOTA-SSAs | ¹⁸ F-FDG |
| <i>SDHD</i> | Adrenal/extradrenal | GISTs, RCCs, and pituitary adenomas | ⁶⁸ Ga-DOTA-SSAs | ¹⁸ F-FDG |
| <i>SDHC</i> | Adrenal/extradrenal | GISTs, RCCs | ⁶⁸ Ga-DOTA-SSAs | ¹⁸ F-FDG |
| <i>FH</i> | Adrenal/extradrenal | Skin and uterine leiomyomas, RCCs, uterine leiomyosarcomas and ovarian mucinous cystadenomas | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |
| <i>VHL</i> | Adrenal/extradrenal | RCCs, CNS hemangioblastomas, pancreatic and testicular tumors | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |
| <i>EPAS1/HIF2A</i> | Adrenal/extradrenal | Somatostatinomas | ¹⁸ F-FDOPA | ¹⁸ F-FDG |
| <i>MEN2</i> | Adrenal | MTC, parathyroid adenomas, or hyperplasia | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |
| <i>NF1</i> | Adrenal | Neurofibromas, peripheral nerve sheath tumors, and gliomas | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |
| <i>TMEM127</i> | Adrenal | RCCs | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |
| <i>MAX</i> | Adrenal/extradrenal | Renal oncocytomas | ¹⁸ F-FDOPA | ⁶⁸ Ga-DOTA-SSAs |

von Hippel-Lindau disease *VHL* (3p25-26)

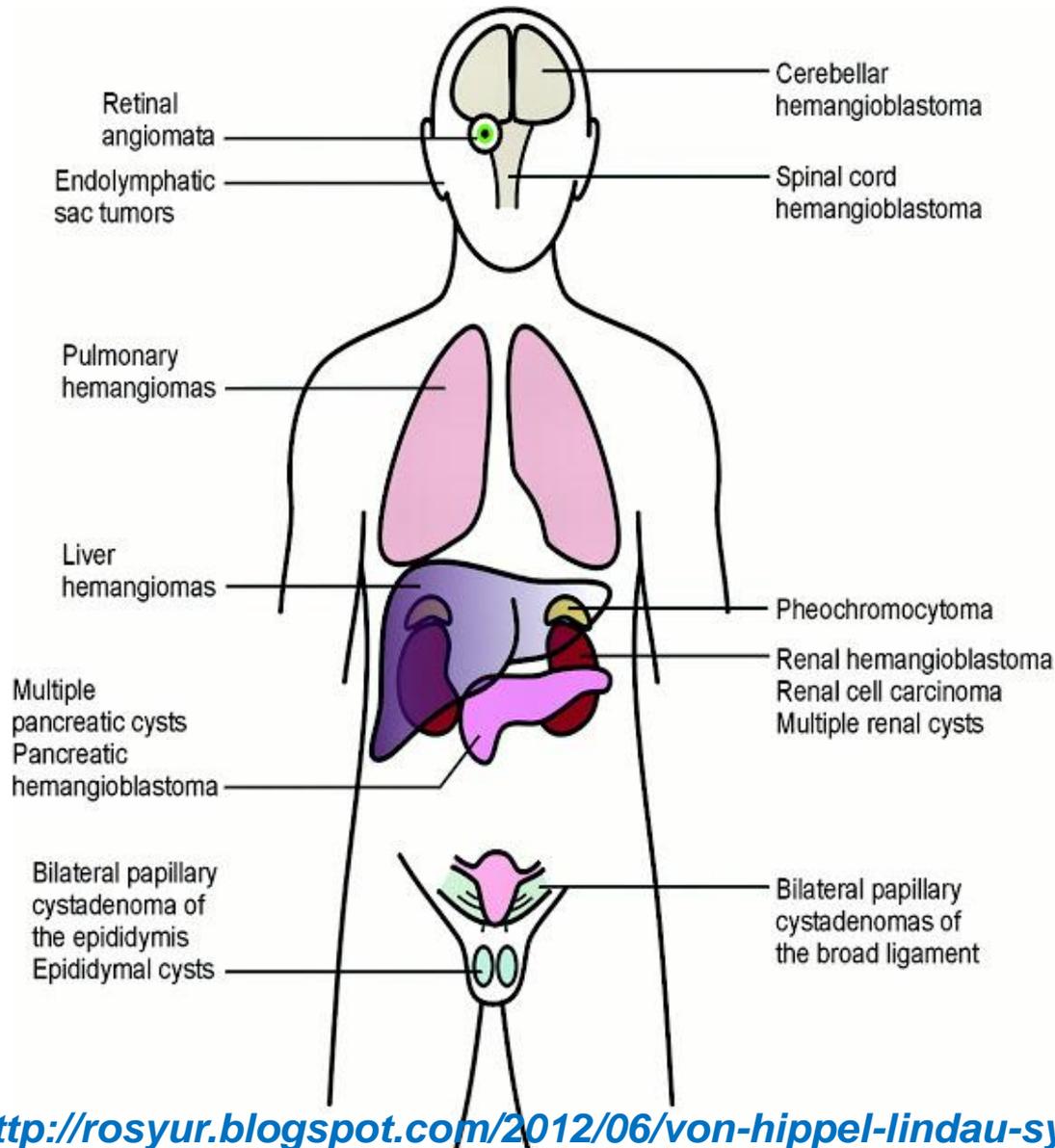
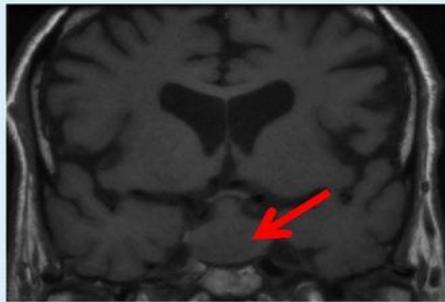


Table 1 Clinical features (penetrance) of PGL syndromes 1-5

| Syndrome | Gene | PC | TAPGL | HNPGL | Multifocal | Malignant | RCC | Other |
|----------|----------------------------|---------|--------|----------------|------------|-----------|------|-------------|
| PGL1 | <i>SDHD</i> ^a | ~10-25% | 20-25% | 85% | 55-60% | ~4% | ~8% | GIST and PA |
| PGL2 | <i>SDHAF2</i> ^a | 0 | 0 | 100% | 0 | 0 | 0 | - |
| PGL3 | <i>SDHC</i> | 0 | Rare | ? ^b | 15-20% | 0% | Rare | GIST |
| PGL4 | <i>SDHB</i> | 20-25% | 50% | 20-30% | 20-25% | ~30% | ~14% | GIST and PA |
| PGL5 | <i>SDHA</i> | Rare | Rare | Rare | Rare | Rare | 0 | GIST and PA |

UNCOMMON

(d) Pituitary adenoma (rare)



(e) Renal cell carcinoma

(f) GIST



COMMON

(a) Head and neck PGL



(b) Pheochromocytoma



(c) Abdominal PGL

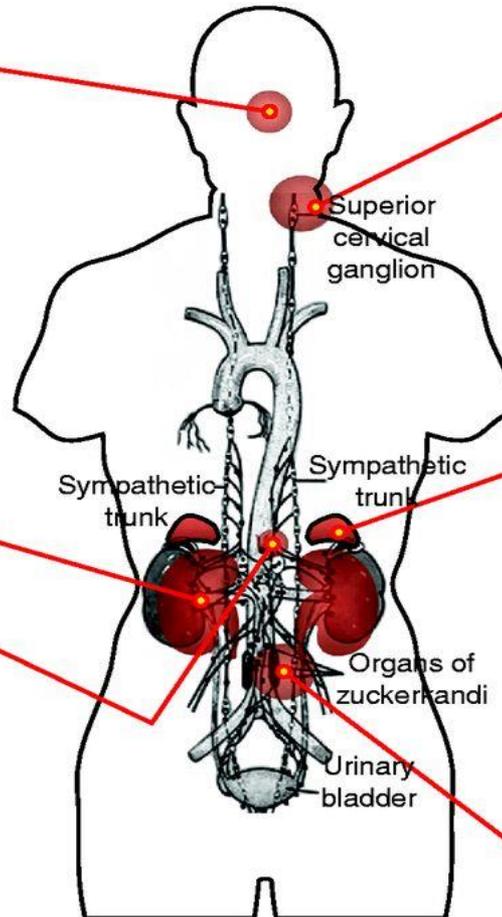


Table 1 Main characteristics of cluster 2 hereditary pheochromocytomas.

| | | | Transmembrane Protein 127 | MYC Associated Factor X |
|-------------------|--|---|---|--|
| Disease | Multiple endocrine neoplasia type 2 | | Familial PPGL with <i>TMEM127</i> gene mutation | Familial PPGL with <i>MAX</i> gene mutation |
| Gene | <i>RET</i> | | <i>TMEM127</i> | <i>MAX</i> |
| Chromosomal locus | 10q11.21 | | 2q11.2 | 14q23.3 |
| Gene function | proto-oncogene | | tumor suppressor gene | tumor suppressor gene |
| Genetic Mechanism | activating mutation | | inactivating mutation | inactivating mutation |
| Inheritance | AD | | AD | AD |
| Phenotype | Multiple Endocrine Neoplasia type 2A MTC (100%), PHEO (50%), primary HPTH (25%), notalgia | Multiple Endocrine Neoplasia type 2B MTC (100%), PHEO (50%), marfanoid habitus, mucosal neuromas | Neurofibromas (95%), café au lait spots (90%), iris hamartomas (90%), bony lesion, skinfold freckling (80%), optic pathway tumor (15%). PHEO (0, 1–10%) | Single or bilateral PHEO (30–50%); PGL (0–4%), renal cell carcinoma, C cell hyperplasia Bilateral PHEO, thoraco-abdominal PGL, renal oncocytoma Prolactinoma/ acromegaly* |
| Secretion profile | Both metanephrins and normetanephrins | | Mainly metanephrins secretion | Mainly normetanephrins secretion |
| PHEO malignancy | Rare | | Rare | <25% |

AD, autosomal dominant; HPTH, hyperparathyroidism; MTC, medullary thyroid carcinoma; PHEO, pheochromocytoma; PGL, paraganglioma; PPGL, pheochromocytoma and paraganglioma.

*Roszko KL et al *J Endo Soc*1:1401-1407, 2017
Daly AF et al *Endocr Relat Cancer* 25:L37 2018

Guerin C, Romanet P, Taieb D, Brue T, Lacroix A, Sebag F, Barlier J, Castinetti F Endocr Relat Cancer. 25, T15-T28, 2018

Multidisciplinary team

- ✓ **Endocrinologist**
- ✓ **Genetic councillor**
- ✓ **Medical geneticist**
- ✓ **Imaging specialist**
- ✓ **Biochemist**
- ✓ **Endocrine surgeon**
- ✓ **Pathologist**
- ✓ **Medical Oncologist**
- ✓ **Radio-oncologist**

3.0 Genetic Testing

3.1 We recommend that all patients with PPGLs should be engaged in shared decision making for genetic testing. (1|⊕⊕⊕⊕)

3.2 We recommend the use of a clinical feature-driven diagnostic algorithm to establish the priorities for specific genetic testing in PPGL patients with suspected germline mutations. (1|⊕⊕⊕⊕)

3.3 We suggest that patients with paraganglioma undergo testing of succinate dehydrogenase (SDH) mutations and that patients with metastatic disease undergo testing for *SDHB* mutations. (2|⊕⊕⊕⊕)

3.4 We recommend that genetic testing for PPGL be delivered within the framework of health care. Specifically, pretest and post-test counseling should be available. All tests for PPGL genetic testing should be performed by accredited laboratories. (Ungraded recommendation)

Thérapie Phéos et PPGL

| | Scenario | Intervention |
|----------------------|--|---|
| Staging and blockade | Elevated plasma or urine normetanephrine and/or metanephrine | a. alpha-adrenoceptor blocker, eg, doxazosin 1–2 mg, increase 2–4 mg weekly to maximum tolerated dosage for ≤ 30 mg/d. |
| | | b. Localization studies CT, MRI, or PET/CT. |
| Localized stage | Thoracic or abdominal/pelvic | Curative resection, if safe. |
| | HN | Surgery, external beam radiation, locoregional therapy, or watchful waiting. If not possible, follow algorithm for malignant disease 5.3.1. |

Medical therapy of catecholamine excess

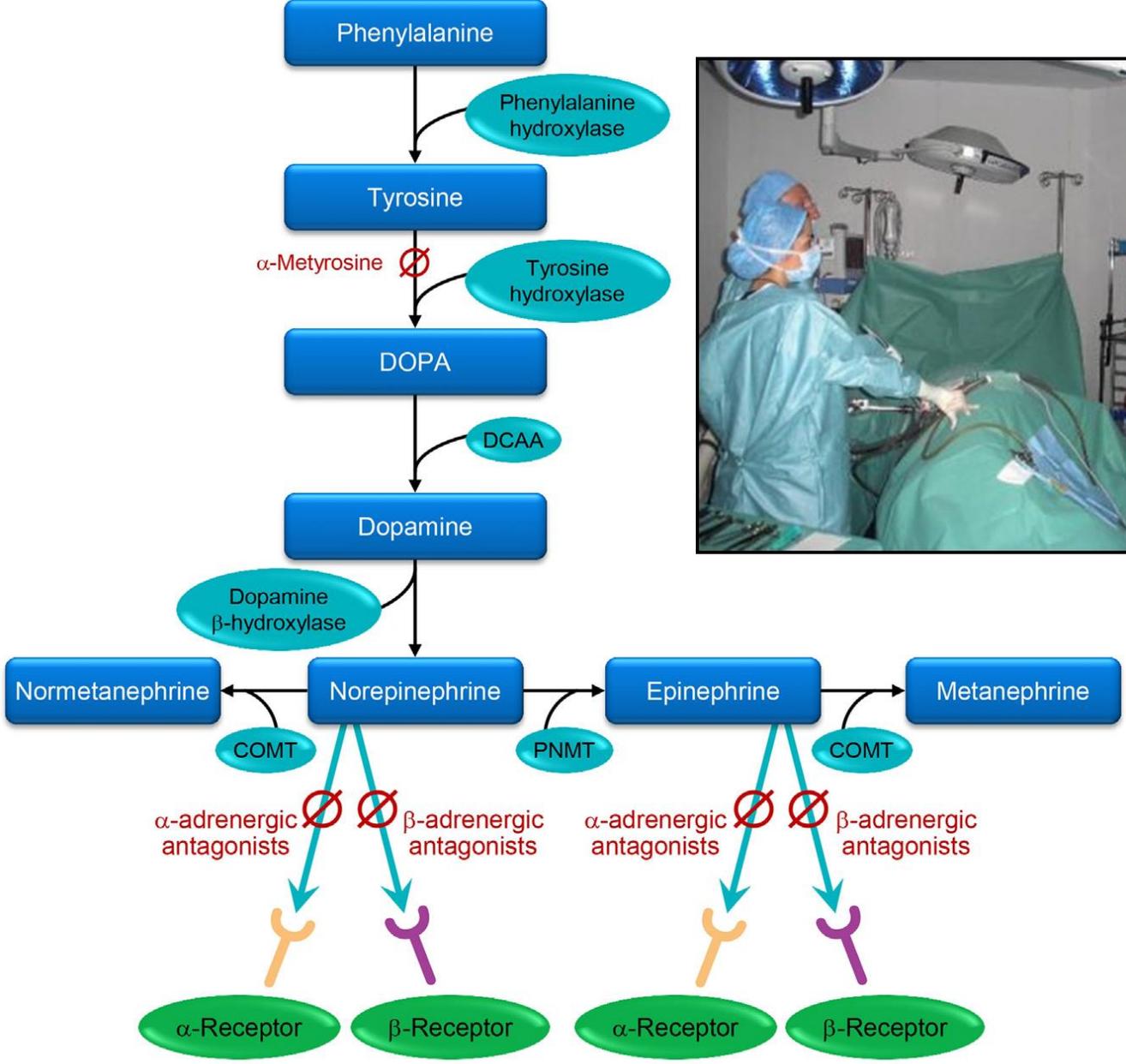


Table 3

Perioperative blockade regimens to begin 10 to 14 days before surgery

| Category | Drug | Dosing | Common Side Effects |
|---|------------------|---|--|
| Nonselective alpha-blocker | Phenoxybenzamine | 10 mg given 2–3 times per day (up to 60 mg daily) | Orthostatic hypotension, nasal congestion, tachycardia |
| | Phentolamine | Intravenous 2.5–5 mg boluses | |
| Selective alpha-1 blockers | Doxazosin | 2–4 mg given 2–3 times per day | Orthostatic hypotension, dizziness, tachycardia |
| | Prazosin | 1–2 mg given 2 times per day | |
| | Terazosin | 1–4 mg given once daily | |
| Dihydropyridine calcium channel blockers | Nicardipine | 30 mg 2 times per day | Headache, edema |
| | Amlodipine | 5–10 mg once daily | |
| Tyrosine hydroxylase inhibitor | Metyrosine | 250–500 mg titrated up to 4 times per day | Severe fatigue, extrapyramidal neurologic side effects, nausea |
| Selective beta-1 blocker only after full alpha-blockade | Metoprolol | 25–100 mg given 2 times per day | Fatigue, dizziness, asthma exacerbation |
| Nonselective beta-blocker only after full alpha-blockade | Propranolol | 20–40 mg given 2–3 times per day | Fatigue, dizziness, asthma exacerbation |



Extent of surgery for phaeochromocytomas in the genomic era

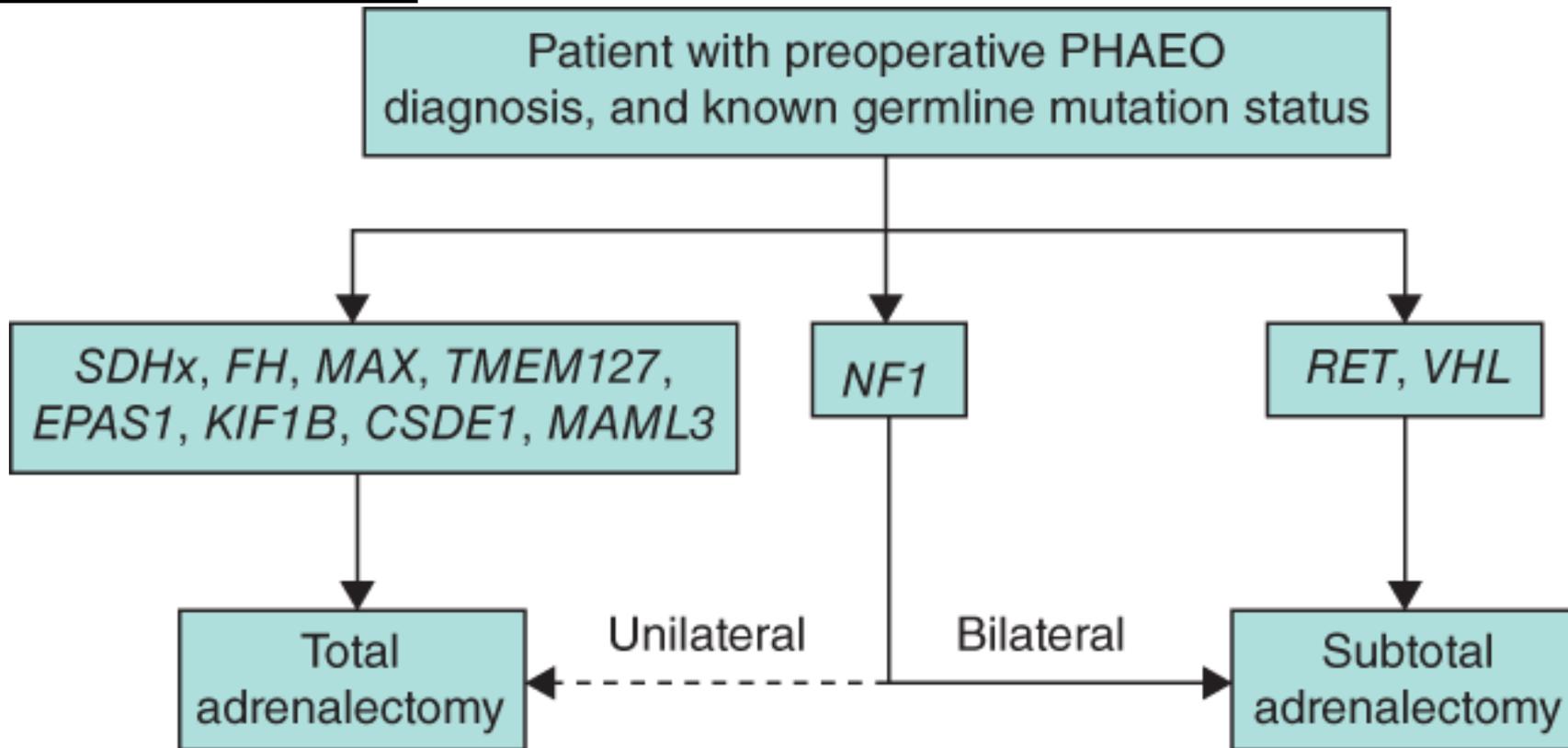


Table 2. TNM classification of pheochromocytoma and paraganglioma

| | | | |
|----------------------|---|-------|----|
| Primary tumor size | | | |
| TX | Primary tumor cannot be assessed | | |
| T1 | Tumor <5 cm in greatest dimension, no extra-adrenal invasion | | |
| T2 | Tumor ≥5 cm or sympathetic paraganglioma of any size, no extra-adrenal invasion | | |
| T3 | Tumor of any size with invasion into surrounding tissues (e.g., liver, pancreas, spleen, and kidneys) | | |
| Regional lymph nodes | | | |
| NX | Regional lymph nodes cannot be assessed | | |
| NO | No lymph node metastasis | | |
| N1 | Regional lymph node metastasis | | |
| Distant metastasis | | | |
| M0 | No distant metastasis | | |
| M1 | Distant metastasis | | |
| | M1a: distant metastasis to only bone | | |
| | M1b: distant metastasis to only distant lymph nodes/liver or lung | | |
| | M1c: distant metastasis to bone and multiple other sites | | |
| Stage grouping | | | |
| Stage 1 | T1 | N0 | M0 |
| Stage 2 | T2 | N0 | M0 |
| Stage 3 | T1 | N1 | M0 |
| | T2 | N1 | M0 |
| | T3 | Any N | M0 |
| Stage 4 | Any T | Any N | M1 |

Table 4

Comparison of features in the PASS and GAPP pathologic scoring systems for predicting malignancy in PCC/PGL

| PASS Features (Points) | GAPP Features (Points) |
|---|--|
| Histologic pattern <ul style="list-style-type: none"> • Large nests or diffuse growth (2) | Histologic pattern <ul style="list-style-type: none"> • Zellballen (0) • Large or irregular nests (1) • Pseudorosettes (1) |
| Cellularity <ul style="list-style-type: none"> • High (2) | Cellularity <ul style="list-style-type: none"> • Low <150 cells/U (0) • Moderate 15–200 cells/U (1) • High >250 cells/U (2) |
| Necrosis <ul style="list-style-type: none"> • Present (2) | Necrosis <ul style="list-style-type: none"> • Absent (1) • Present (2) |
| Invasion <ul style="list-style-type: none"> • Vascular invasion (1) • Capsular invasion (1) | Invasion (vascular or capsular) <ul style="list-style-type: none"> • Absent (0) • Present (1) |
| Mitosis <ul style="list-style-type: none"> • Mitotic figures (more than 3/10 high-powered fields) (2) • Atypical mitoses (2) | Ki67 proliferation index <ul style="list-style-type: none"> • <1% (0) • 1%–3% (1) • >3% (2) |
| Other features <ul style="list-style-type: none"> • Extension to adipose tissue (2) • Cell spindling (2) • Cellular monotony (2) • Nuclear pleomorphism (1) • Nuclear hyperchromasia (1) | Catecholamine type <ul style="list-style-type: none"> • Epinephrine elevated with or without norepinephrine (0) • Norepinephrine and/or dopamine but without epinephrine (1) • Nonsecreting (0) |
| Maximum Score = 20 | Maximum Score = 10 |

European Society of Endocrinology Clinical Practice Guideline for long-term follow-up of patients operated for a phaeo or a paraganglioma

1.1. Diagnosis of malignancy

R 1.1. Definition: presence of metastasis in lymph node / distant sites.

R 1.2. FDG PET/CT preoperatively in patients with:

- paragangliomas;
- pheos and elevated 3-methoxytyramine
- *SDHB* germline mutations

1.2. Perioperative workup

R 2.1. All patients with PPGL should be considered for genetic testing.

R 2.2. Chromogranin A pre-op: patients with normal MN, NMN or 3 MT

R 2.3. MN and 3MT 2–6 weeks after surgery if elevated pre-op

R 2.4. CGA 2–6 weeks post surgery (N pre-op MN and 3MT with + CGA)

R 2.5. Imaging 3 months post-op if elevated MN or 3MT or non secreting

1.3. Duration of follow-up

R 3.1. At least 10 years in all, life-time in young, genetic, large tumors, PGL

1.4. Monitoring methods

R 4.1. plasma or urinary MN and 3MT every year

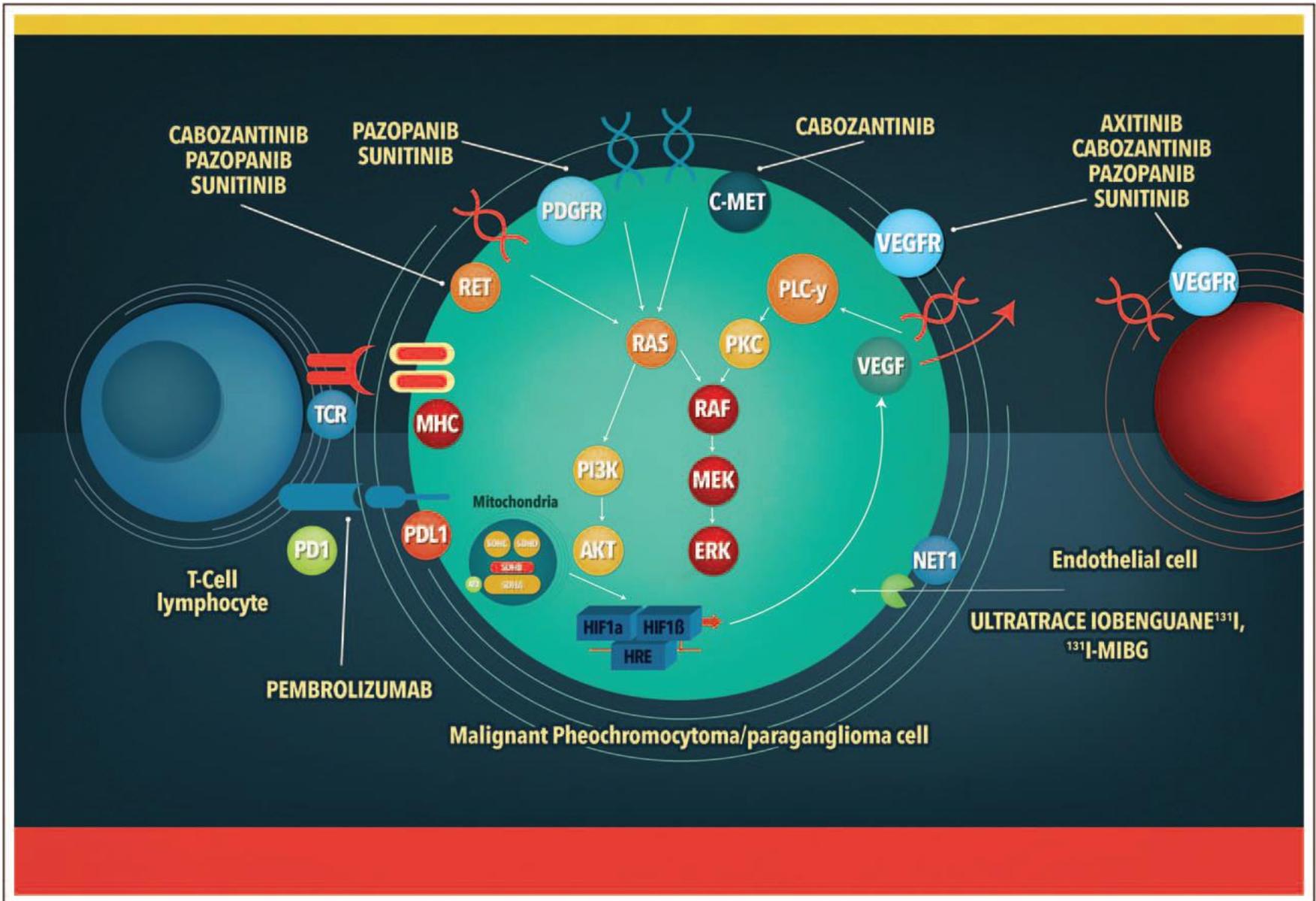
R 4.2. annual CGA if MN/3MT-negative and CGA + pre-op,

R 4.3. imaging tests every 1–2 years if non secreting PPGL

Table 5. Treatment Manual for PPGL

| Scenario | Intervention | Ref | # | |
|---|--|--|------------|-------|
| Metastatic stage | Elevated plasma or urine normetanephrine and/or metanephrine | a. Palliative doxazosin 1–2 mg, increase 2–4 mg weekly. Balance maximum tolerated dosage to quality of life. | (191) | 3.1.1 |
| | | b. Before start of any treatment, doxazosin according to 1.1. | | 3.1.2 |
| | Confined disease | Surgery, external radiation, or locoregional therapy if safe and with acceptable morbidity. If not, proceed to 3.3.1. | | 3.2 |
| | Disseminated disease | Medical treatment to alleviate hormone or mass effect alternatively at disease progression. Perform ¹²³ I-MIBG scintigraphy and ⁶⁸ Ga-DOTATATE PET/CT. | | 3.3 |
| First-line ¹³¹ I-MIBG or ⁶⁸ Ga-DOTATATE positive ^a | | ¹²³ I-MIBG = ⁶⁸ Ga-DOTATATE, choose ¹³¹ I-MIBG. | | 3.4.1 |
| | | ¹²³ I-MIBG > ⁶⁸ Ga-DOTATATE, choose ¹³¹ I-MIBG. | | 3.4.2 |
| | | ¹²³ I-MIBG < ⁶⁸ Ga-DOTATATE, choose ¹⁷⁷ Lu-DOTATATE. | | 3.4.3 |
| Second-line or first-line ¹²³ I-MIBG/ ⁶⁸ Ga-DOTATATE negative | | Priority I. Rechallenge ¹²³ I-MIBG or ⁶⁸ Ga-DOTATATE. | | 3.5.1 |
| | | Priority II. CVD, ^a if WHO performance status >1 or wish for nonhospitalization, proceed to 3.5.3. | | 3.5.2 |
| | | Priority III. Temozolomide, Tyrosine kinase inhibitor or experimental therapy. | (213, 214) | 3.5.3 |

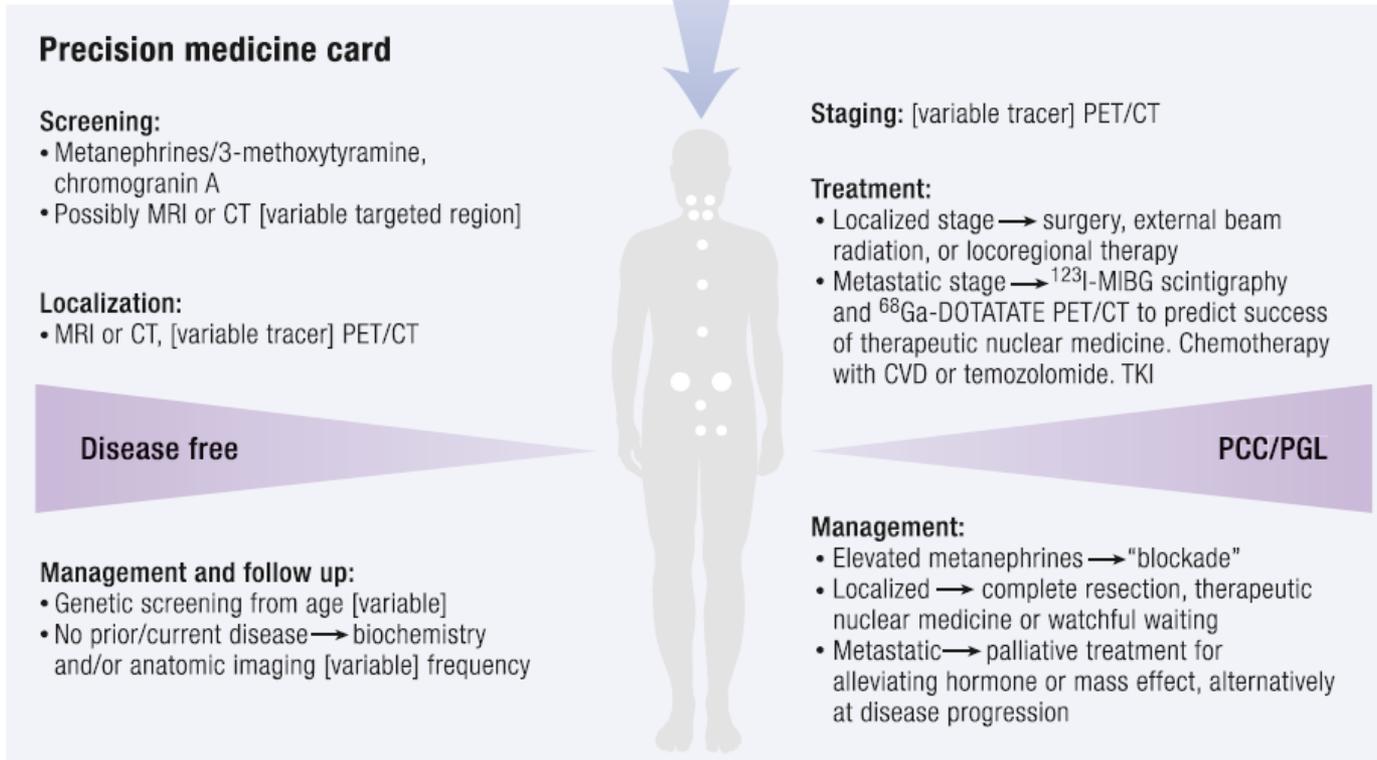
Potential medical therapies for malignant pheochromocytomas



| Medication | Clinical trial name | NCI Clinical Trial Registration no. | Intervention | Primary endpoint | Status |
|-----------------------------|--|-------------------------------------|--|------------------------|------------------------|
| Ultratrace iobenguane I-131 | Pivotal Phase 2 Study of Ultratrace Iobenguane I-131 (AZEDRA) in Patients with Malignant Relapsed/Refractory Pheochromocytoma/Paraganglioma | NCT00874614 | Two doses of 500 mCi or 8 mCi/kg in patients with weight ≤ 62.5 kg | Blood pressure control | Active, not recruiting |
| Ultratrace iobenguane I-131 | Expanded Access Program of Ultratrace Iobenguane I-131 for Malignant Relapsed/Refractory Pheochromocytoma/Paraganglioma | NCT02961491 | Two doses of 500 mCi or 8 mCi/kg in patients with weight ≤ 62.5 kg | Safety | Actively recruiting |
| Sunitinib | Sunitinib in Patients with Recurrent Paraganglioma/Pheochromocytoma (SNIPP) | NCT00843037 | 50 mg orally daily for 4 weeks; 2-week rest period (repeating 6-week cycles) | Best ORR (RECIST 1.1) | Actively recruiting |
| Sunitinib | The First International Randomized Study in Malignant Progressive Pheochromocytoma and Paraganglioma (FIRSTMAPPP) | NCT01371201 | 37.5 mg daily vs. placebo | PFS at 12 months | Actively recruiting |
| Pazopanib | Pazopanib Hydrochloride in Treating Patients With Advanced or Progressive Malignant Pheochromocytoma or Paraganglioma | NCT01340794 | 400 mg daily for 2 weeks followed by 800 mg daily | Best ORR RECIST 1.1 | Terminated |
| Axitinib | Phase II Study of Axitinib (AG-013736) With Evaluation of the VEGF-pathway in Metastatic, Recurrent or Primary Unresectable Pheochromocytoma/Paraganglioma | NCT01967576 | 5 mg every 12 h (28-day cycle). Dose escalation beginning at weeks 4–7 to 10 mg every 12 h | PFS | Closed for recruitment |
| Cabozantinib | Cabozantinib in Patients with Unresectable Metastatic Pheochromocytomas and Paragangliomas | NCT02302833 | 60 mg orally daily, with titration to 40–20 mg depending on side effects | Best ORR (RECIST 1.1) | Actively recruiting |
| Everolimus | RAD001 in Pheochromocytoma or Nonfunctioning Carcinoid | (NCT01152827) | 10 mg orally daily | PFS at 4 months | Completed |
| Pembrolizumab | Evaluation of Efficacy of Pembrolizumab in Patients with Rare Tumors | NCT02721732 | 200 mg intravenously every 3 weeks with restaging after 3 cycles | Nonprogression rate | Actively recruiting |



Algorithm



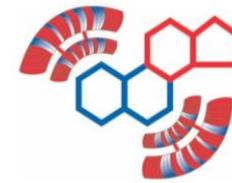
Future precision oncology treatments

| DNA instability | Methylomics | Metabolomics | Hypoxiomics | Radiopeptides | SSTR2 | Immunomics |
|----------------------------------|----------------------------|------------------------|-------------------|---|---|-----------------------|
| Topoisomerase or PARP inhibitors | Azacytidine and decitabine | Glutaminase inhibitors | HIF-2α inhibitors | ¹⁷⁷ Lu-DOTATATE, ²²³ Ra-Cl ₂ | Agonist, antagonist (Octreotide/Lanreotide) | Checkpoint inhibitors |



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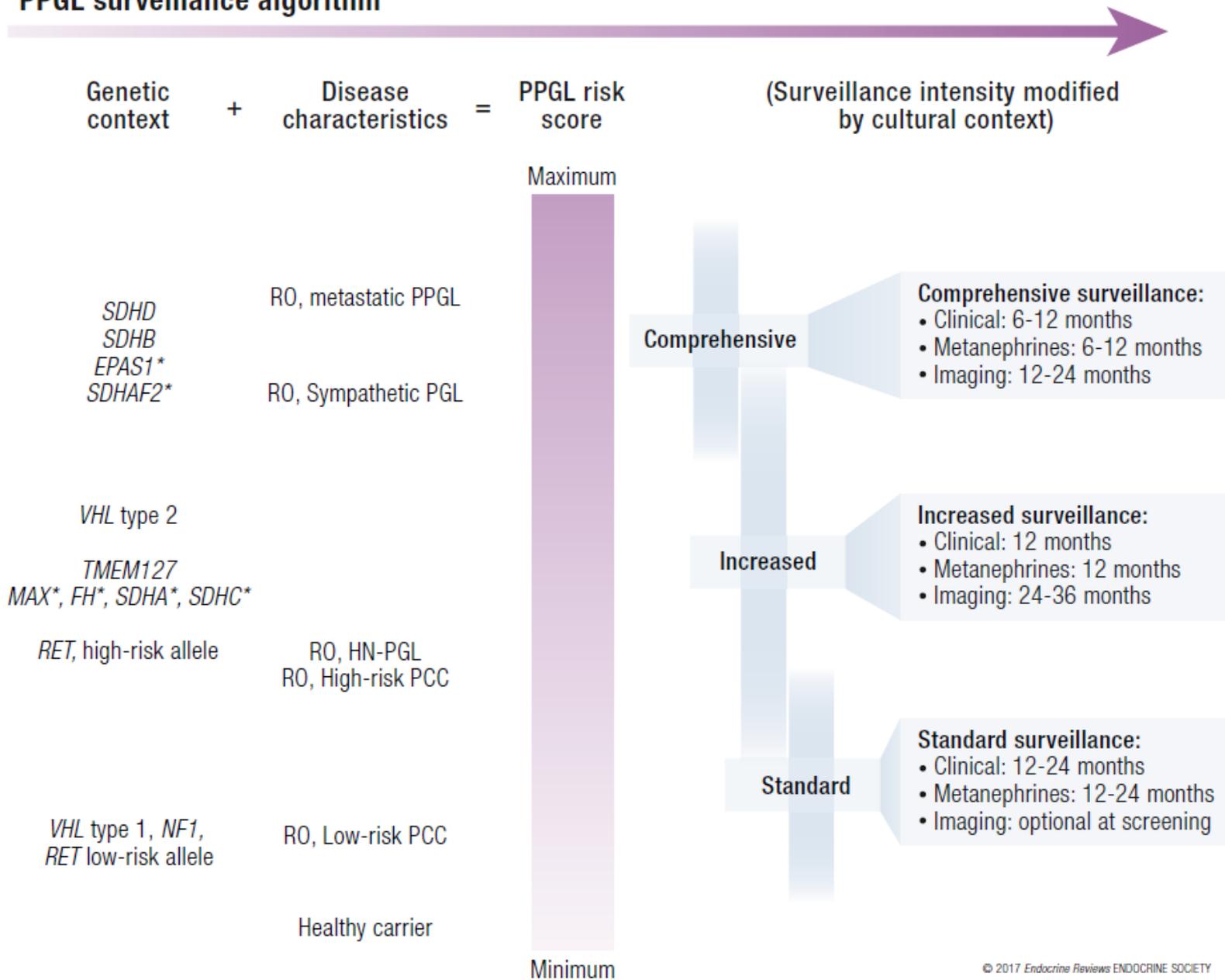


Les phéochromocytomes

Période de Questions

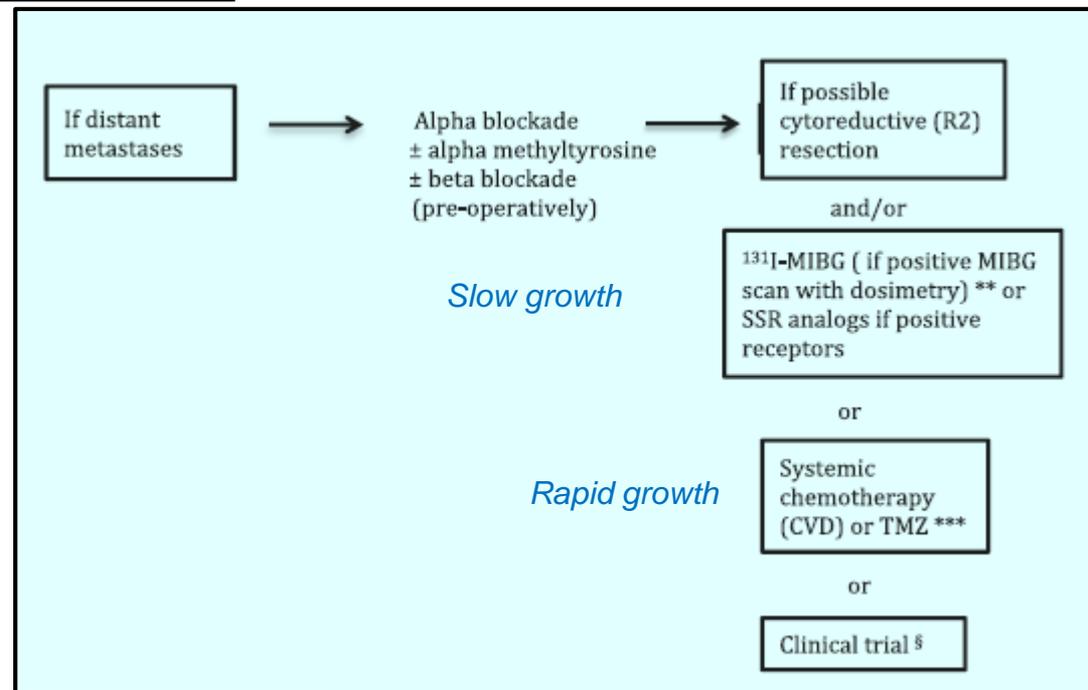
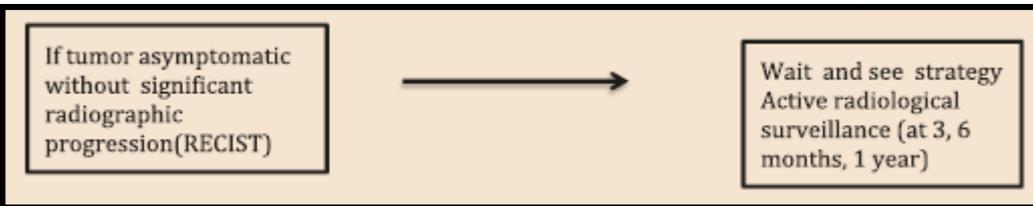
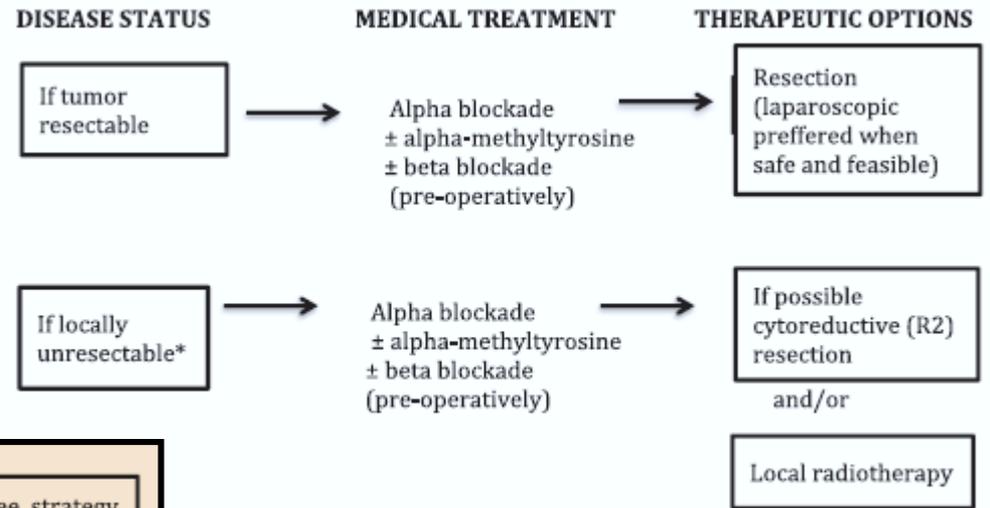


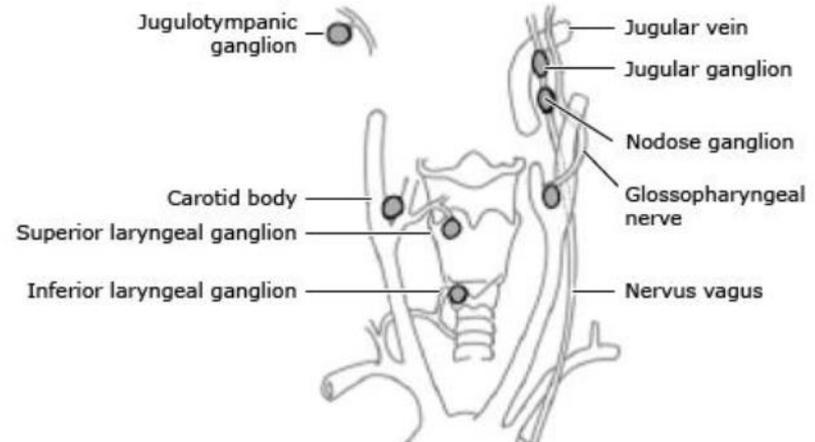
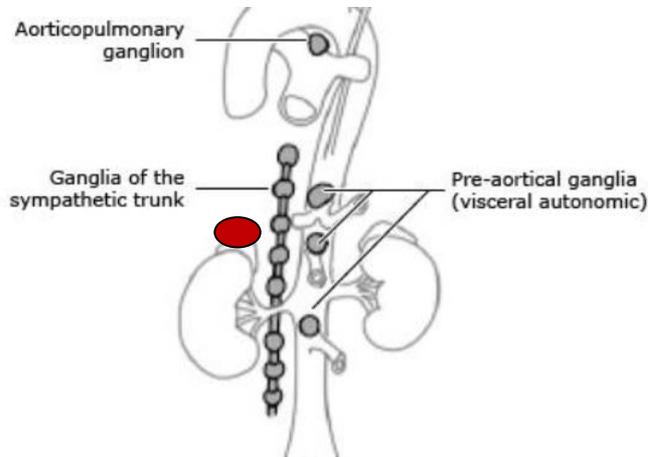
PPGL surveillance algorithm



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Therapy of metastatic PPGL

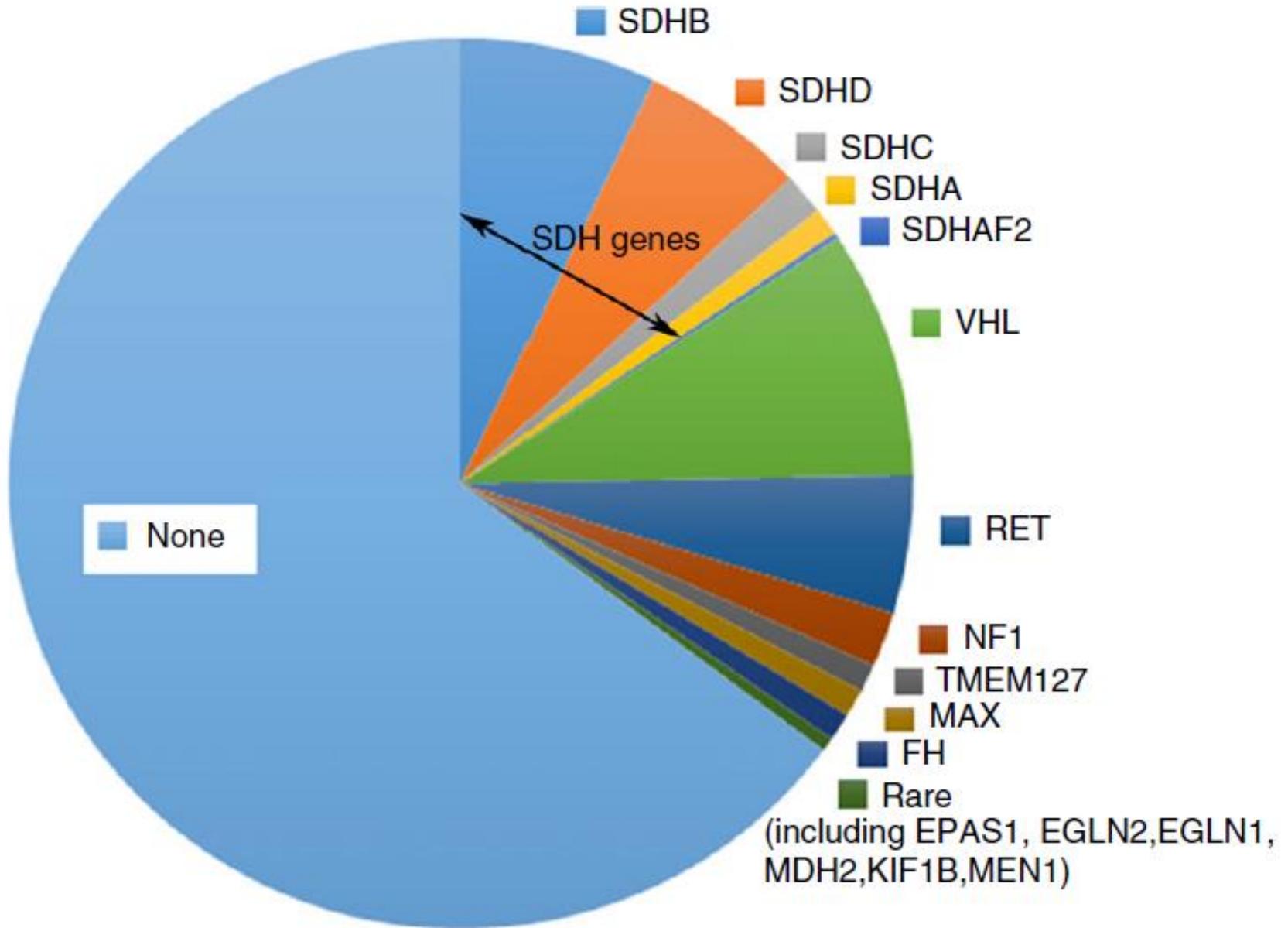




Carty SA, Young WF et al UpToDate 2018

Characteristics of the two broad categories of paragangliomas (World Health Organization classification)

| <i>Characteristic</i> | <i>Sympathoadrenal</i> | <i>Parasympathetic</i> |
|-----------------------|--|--|
| Chromaffin status | Chromaffin paragangliomas | Non-chromaffin paragangliomas, often called chemodectomas or glomus tumours |
| Location | Adrenal medulla (most common) | Head and neck, also upper mediastinum |
| Distribution | Also symmetrically distributed along the prevertebral and paravertebral axis (thoracoabdominal and pelvic paraganglia) | Found in 20 distinct anatomic locations: carotid body (major paraganglion, the most common tumour location), jugular foramen, Jacobsen tympanic plexus, and vagal and aortic paraganglia (upper mediastinum) |
| Hormonal activity | Usually, but not always, hormonally active (catecholamine producing: noradrenalin, adrenalin, dopamine, L-DOPA) | Hormonally inactive in 95% of cases (only rarely associated with catecholamine production) |



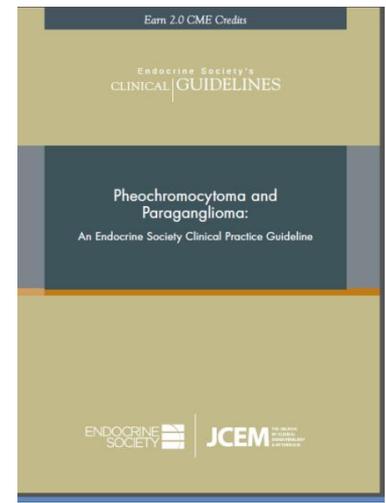
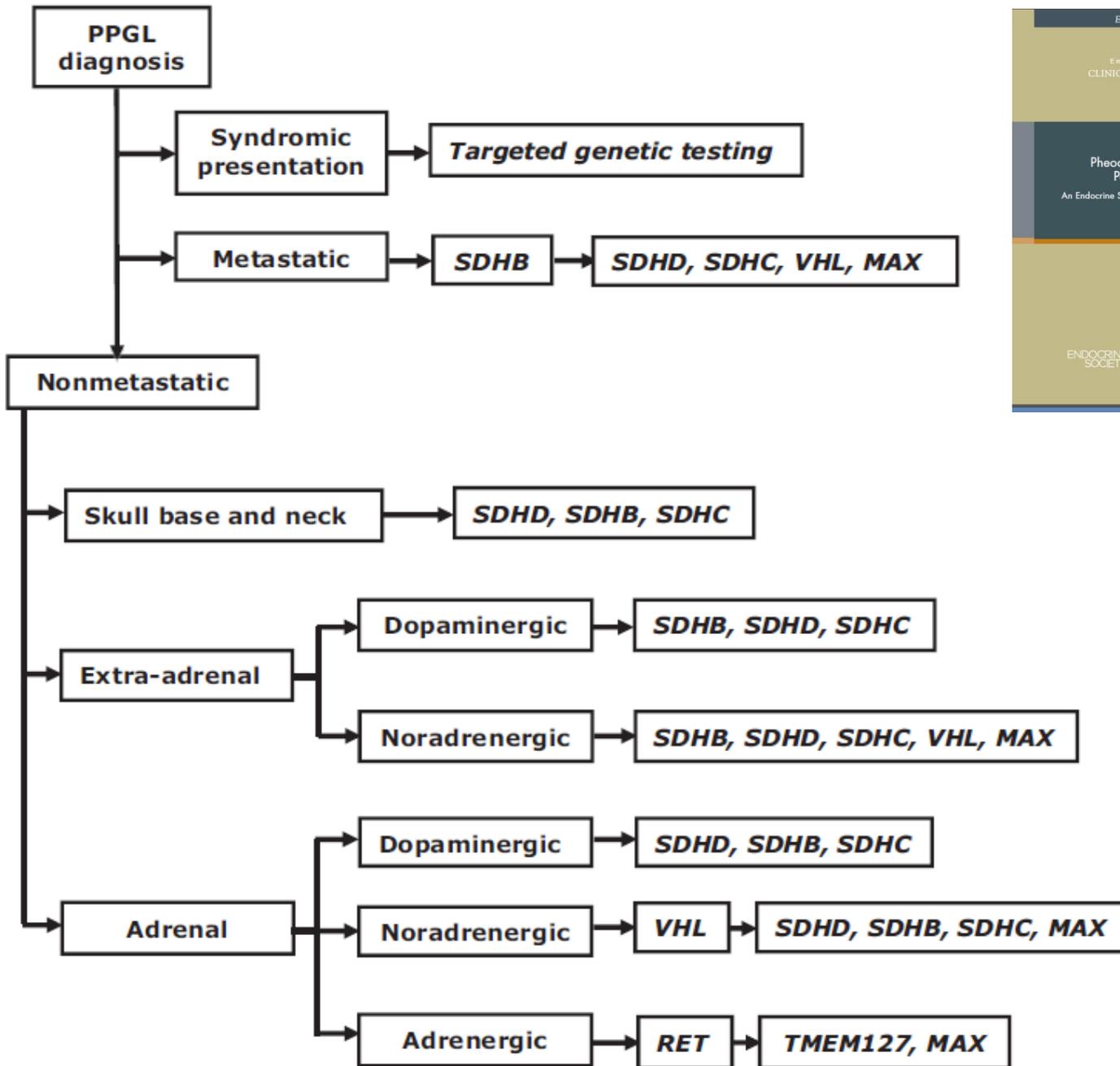
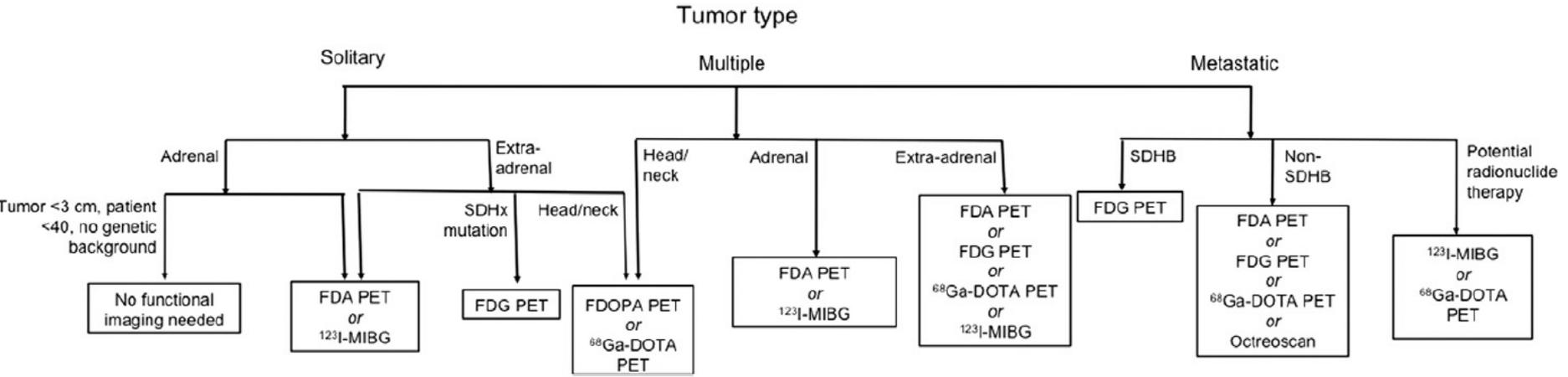


Table 4
Sensitivities and specificities of imaging modalities.

| Imaging modality | Primary (nonmetastatic) | | Adrenal PHEO (%) | Extra-adrenal PGL (%) | Head and neck PGL (%) | SDHx carriers (%) | Meta-static (%) | SDHB metastatic (%) | Non-SDHB metastatic (%) | Bone metastases (%) |
|--------------------------------|-------------------------|-----------------|------------------|-----------------------|-----------------------|-------------------|-----------------|---------------------|-------------------------|---------------------|
| | Sensitivity (%) | Specificity (%) | | | | | | | | |
| CT/MRI | 66-100 | 40-90 | - | - | 80-92 | 85.7-87.5 | 45-100 | 78-96 | 71 | 37.8-96 |
| FDA PET | 77-88 | 90 | - | - | 40-46 | - | 76-97 | 76-88 | 76 | 79-100 |
| FDG-PET | 58-88 | 90 | - | - | 69-80 | - | 74-91.4 | 74-100 | 62-67.3 | 76-93.7 |
| FDOPA PET | 67-93 | 95-100 | 93.9 | 47.1-90 | 96.5-100 | - | 45-100 | 20-45 | 93 | - |
| MIBG | 52-87 | 75-100 | 85-87 | 58-67 | 18-50 | 42.70 | 38-92.4 | 44-80 | 59-66 | 20.75-76 |
| Octreoscan | 25-54 | 75 | - | - | 64-100 | 69.50 | 68.5-88.9 | 59-81 | - | - |
| ⁶⁸ Ga-DOTA peptides | 80-100 | 85.7 | - | - | 100 | 60 | 91.70 | - | - | 100 |



Mutation type and contribution to disease

| Gene | Chromosomal Location | Inheritance | | | | | Tumour Locations |
|---|----------------------|-------------|-----------|----------|--------|------------------|---------------------------------|
| | | | Germline* | Somatic* | Mosaic | Gross deletions | |
| <i>RET</i> | 10q11.21 | AD | 5-10% | 10% | NR | NR | A (bilat 50-80%) >>> EA |
| <i>VHL</i> | 3p25.3 | AD | 7-10% | 10% | Yes | Yes [†] | A (bilat 50%) > EA, >>> H&N PGL |
| <i>NF1</i> | 17q11.2 | AD | 3-5% | 20-40% | Yes | Yes | A (bilat 16%) >>>> EA |
| <i>SDHD</i> | 11q23.1 | AD, PT | 9-10% | <1% | NR | Yes | H&N > EA > A |
| <i>SDHB</i> | 1p36.13 | AD | 10% | <1% | NR | Yes | EA > H&N > A |
| <i>SDHC</i> | 1q23.3 | AD | <5% | 0% | Yes | NR | H&N > EA > A |
| <i>SDHA</i> | 5p15.33 | AD | 3% | <1% | NR | NR | EA >> A |
| <i>SDHAF2</i> | 11q12.2 | AD, PT | <1% | 0% | NR | NR | H&N >>> A |
| <i>TMEM127</i> | 2q11.2 | AD | <2% | 0% | NR | NR | A (bilat 35%) >> EA |
| <i>MAX</i> | 14q23.3 | AD, PT | <2% | <2% | NR | Yes | A (bilat 68%) >> EA |
| <i>FH</i> | 1q42.1 | AD | <2% | 0% | NR | Yes | A + EA > H&N |
| <i>MDH2</i> | 7q11.23 | AD | <1% | 0% | NR | NR | EA >> A |
| <i>KIF1Bβ</i> | 1p36.22 | AD | <1% | ? | NR | NR | A |
| <i>EGLN1/ PHD2</i> | 1q42.1 | ? | <1% | NR | NR | NR | EA > A |
| <i>EGLN2/ PHD1</i> | 19q13.2 | ? | <1% | NR | NR | NR | EA > A |
| <i>HIF2α/ EPAS1</i> | 2p21 | ? | <0.1% | 5-7% | Yes | NR | EA > A |
| <i>H3F3A</i> | 1q42.12 | ? | NR | NR | Yes | NR | A + EA |
| <i>HRAS</i> | 11p15.5 | ? | NR | 10% | NR | NR | A > EA |
| <i>IDH1</i> | 2q24 | ? | NR | <1% | NR | NR | H&N |
| <i>SLC25A11</i> | 17 | ? | ~1% | NR | | | EA, metastasis+++ |
| Mitochondrial 2-oxoglutarate/malate carrier | | | | | | | |
| <i>Buffet et al Cancer Res on line Feb 5 2018</i> | | | | | | | |

Figure 1 A representative scheme of RET receptor tyrosine kinase structure is depicted.

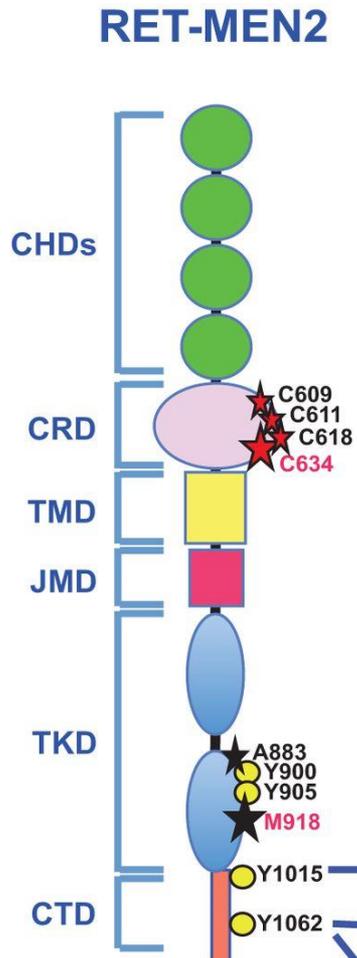


Table 2 The principal RET mutations in MTC are reported.

| RET domain | Codons | Phenotype | Effects |
|----------------------|----------------------|--------------------|---|
| Extracellular domain | G321 | MEN2A/FMTC | Altered folding and protein maturation; ligand-independent constitutive dimerization; formation of disulfide bridges between monomers; activation of the kinase |
| | G533 | | |
| | K603 | | |
| | C609 | | |
| | C611 | | |
| | C618 | | |
| | C620 | | |
| | C630 | | |
| | C634 | | |
| | Intracellular domain | L790 | |
| Y791 | | | |
| E768 | | FMTC | |
| V804 | | FMTC | |
| S891 | | MEN2A/FMTC | |
| A883 | | MEN2B | |
| M918 | | MEN2B/sporadic MTC | |
| | | | |

Risk for Aggressive MTC Based on Genotype and Recommended Interventions

| ATA ¹ Risk Level | Pathogenic Variants ^{2, 3} | Age of Prophylactic Surgery | Age to Begin Screening | |
|-----------------------------|--|---|--|--|
| | | | For PHEO | For HPT ⁴ |
| Level D (highest risk) | p. Ala883Phe p. Met918Thr p. Val804Met+p. Glu805Lys ⁵ p. Val804Met+p. Tyr806Cys ⁵ p. Val804Met+p. Ser904Cys ⁵ | As soon as possible in 1st year of life | 8 yrs | NA |
| Level C | p. Cys634Arg/Gly/Phe/Ser/Trp/Tyr | <5 yrs | 8 yrs | 8 yrs |
| Level B | p. Cys609Phe/Arg/Gly/Ser/Tyr p. Cys611Arg/Gly/Phe/Ser/Trp/Tyr p. Cys618Arg/Gly/Phe/Ser/Tyr p. Cys620Arg/Gly/Phe/Ser/Trp/Tyr p. Cys630Arg/Phe/Ser/Tyr p. Asp631Tyr p. 633/9 bp dup p. 634/12 bp dup p. Val804Met+p. Val778Ile ⁵ | Consider <5 yrs; may delay if criteria met ⁵ | Codon 630 pathogenic variant: 8 yrs All others: 20 yrs | Codon 630 pathogenic variant: 8 yrs All others: 20 yrs |
| Level A | p. Arg321Gly p. 531/9 bp dup p. 532 dup p. Cys515Ser p. Gly533Cys p. Arg600Gln p. Lys603Glu p. Tyr606Cys p. 635/insert ELCR;p. Thr636Pro p. Lys666Glu p. Glu768Asp p. Asn777Ser p. Leu790Phe p. Val804Leu/Met p. Gly819Lys p. Arg833Cys p. Arg844Gln p. Arg866Trp p. Ser891Ala p. Arg912Pro | May delay beyond age 5 yrs if criteria met ⁶ | 20 yrs | 20 yrs |

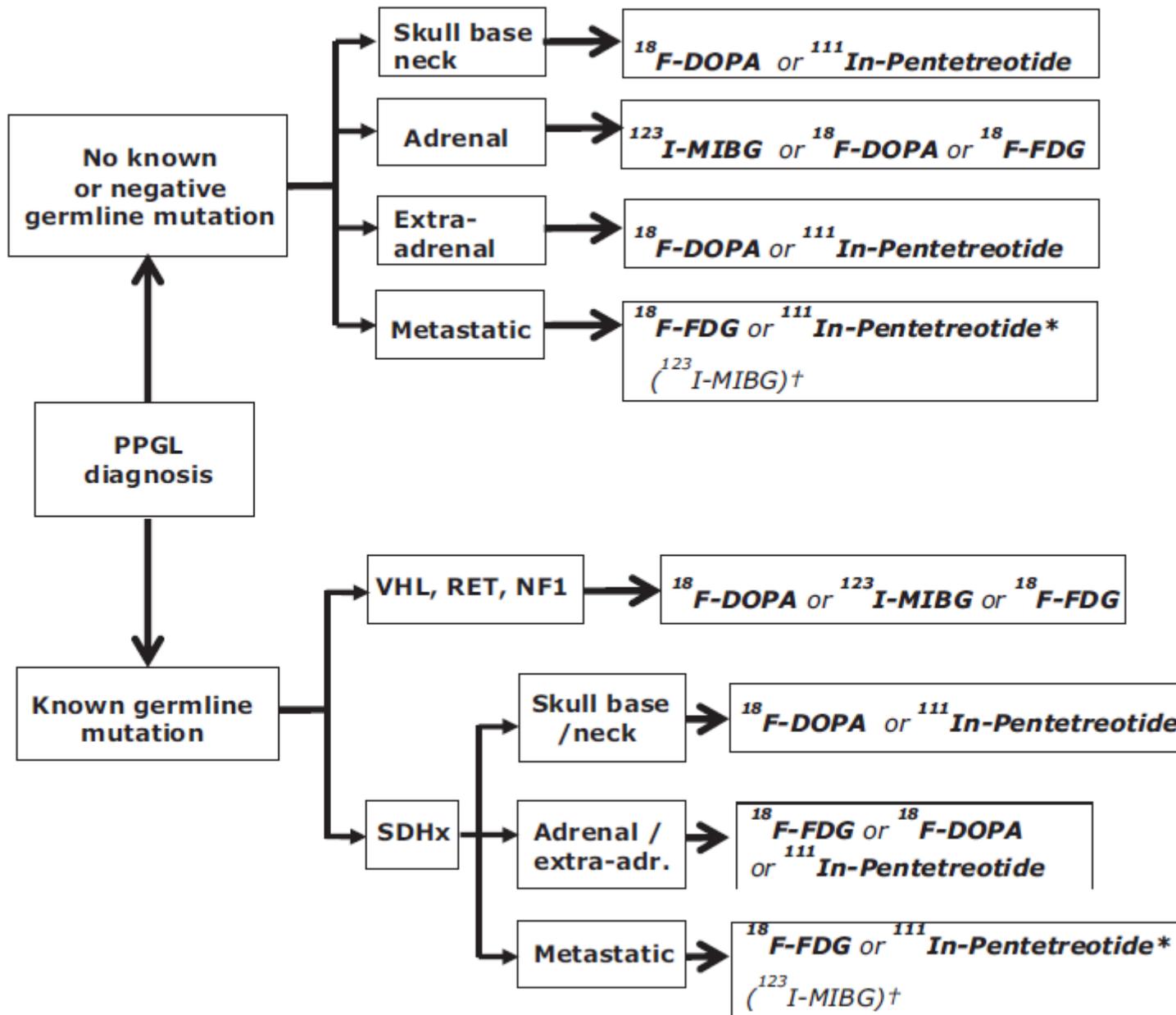


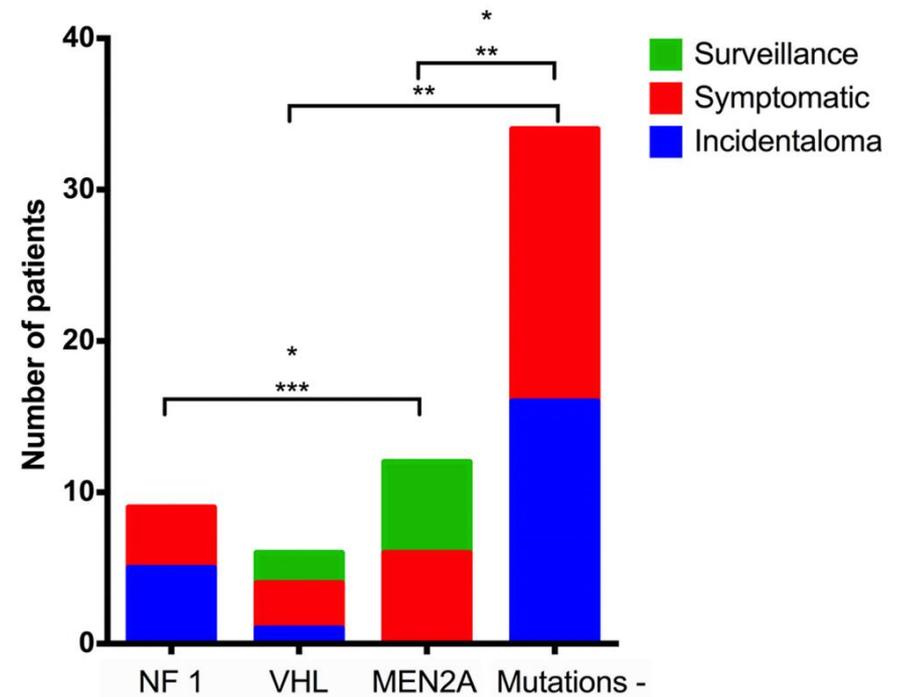
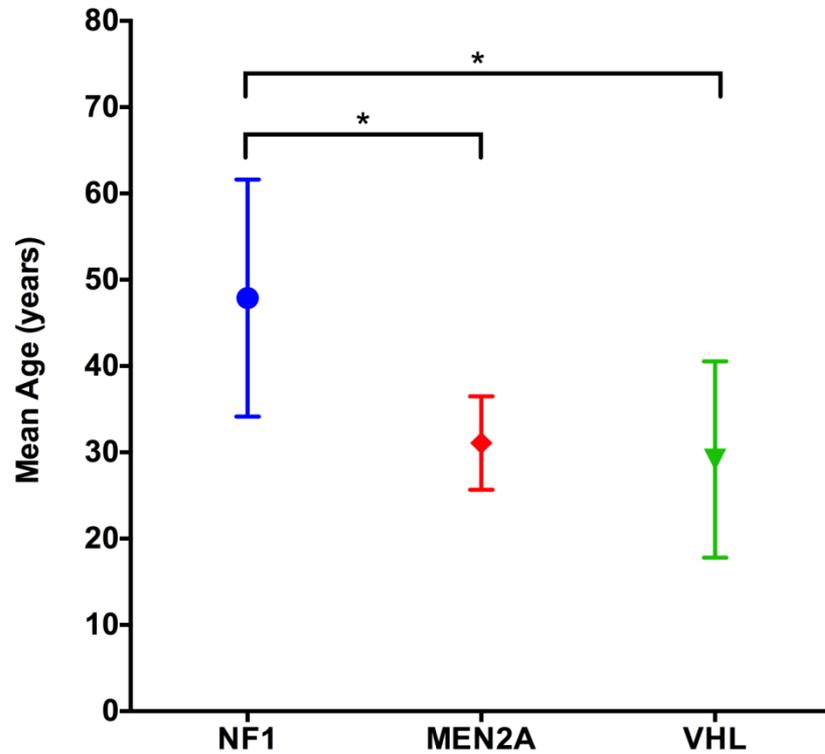
Table 1. Classification of Von Hippel-Lindau Syndrome

| Type | Clinical findings | Mutations |
|---------------------------------|--|----------------------------------|
| Type 1 (decreased risk for PCC) | Retinal and CNS HB, RCC, pancreatic cysts, and neuroendocrine tumors | Truncating or missense mutations |
| Type 2 (increased risk for PCC) | | |
| Type 2A (low risk of RCC) | PCC, retinal HB, CNS HB | Missense mutation |
| Type 2B (high risk of RCC) | PCC, RCC, Retinal HB, CNS HB, pancreatic cyst, and neuroendocrine tumors | |
| Type 2C | PCC only | |

Table 3. Frequency of lesions and average age range of presentation in VHL patients

| Clinical Feature | Average (range) of presentation (years) | Frequency (%) | Reference |
|---|---|---------------|-----------|
| CNS hemangioblastoma | 30 (9–78) | 60–80% | 1 |
| Retinal hemangioblastoma | 25 (1–67) | 49–62% | 4, 6 |
| Endolymphatic sac tumors | 31 (12–50) | 6–15% | 7, 15 |
| Renal cell carcinoma or cysts | 39 (16–67) | 30–70% | 6 |
| Pheochromocytoma | 30 (5–58) | 10–20% | 6 |
| Pancreatic neuroendocrine tumors or cysts | 36 (1–70) | 35–70% | 8, 15 |
| Epididymal cystadenomas | Unknown (16–40) | 25–60% | 6, 15 |
| Broad ligament cystadenomas | Unknown (16–46) | Unknown | 8 |

NF1 and pheochromocytoma at CHUM



Renal tumors and PPGL association syndromes (RAPTAS)

Table 3. Clinical and Molecular Genetic Features of Non-VHL RAPTAS Cases Identified in the Literature

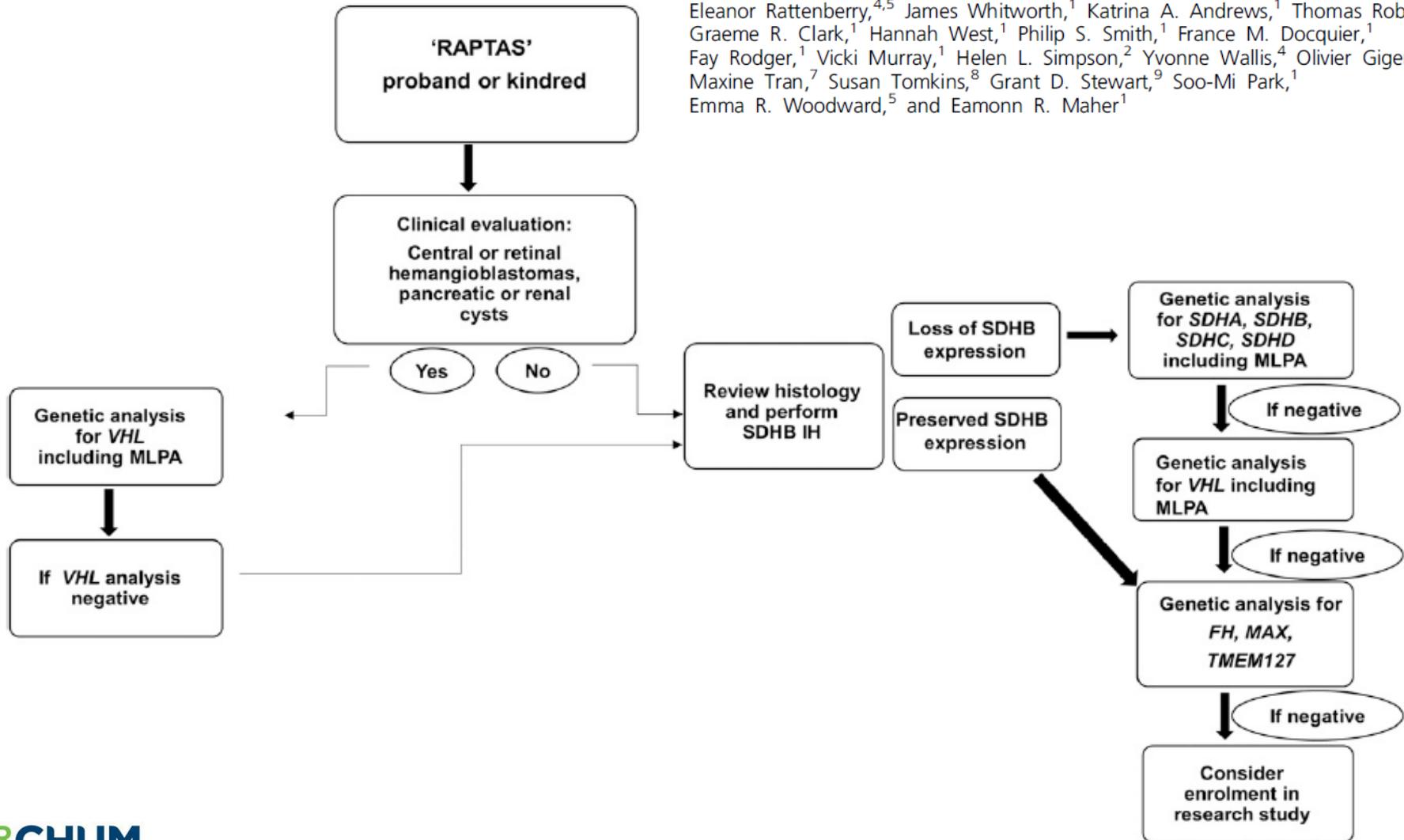
| Gene | Mutation | Group A/B | (PC/PGL/HNPGL) Location (Age) | RCC Tumor Type (Age in Years) | Sex | Tumor of Relative (Age in Years) | Reference |
|----------------|--------------------------------------|-----------|-------------------------------|----------------------------------|-----|----------------------------------|-----------|
| <i>SDHB</i> | c.3G>A (p.Met1Ile) | A+B | PGL (25) | Bilateral RCC (25) | M | RCC, brother (23) | 13 |
| <i>SDHB</i> | c.3G>A (p.Met1Ile) | B | No | Unilateral RCC (23) | M | RCC, PGL, brother (25) | 13 |
| <i>SDHB</i> | Exon 3 deletion | A | HNPGL (30) | Unilateral RCC (36) | M | | 13, 33 |
| <i>SDHB</i> | c.166-170 del CCTCA (p.Pro56TrpfsX5) | A | PGL (28) | Unilateral RCC (28) | M | | 33 |
| <i>SDHB</i> | C.423+1G>A | B | No | Unilateral RCC | | PC, brother (44) | 7, 33 |
| <i>SDHB</i> | Exon 1 deletion | B | No | Unilateral RCC ^a (36) | M | RCC, brother (25) ^a | 39 |
| <i>SDHB</i> | Exon 1 deletion | A+B | PC | Unilateral RCC (42) | F | PGL, sister | 39 |
| <i>SDHB</i> | 268C>T (p.Arg90X) | A+B | PGL | Unilateral RCC (61) | M | PGL, son | 33 |
| <i>SDHB</i> | c.286G>A (p.Gly96Ser) | B | No | Unilateral RCC (52) ^a | F | RCC, daughter | 39 |
| <i>SDHB</i> | c.541-2A>G | B | No | Unilateral RCC (19) | F | PGL, mother | 39 |
| <i>SDHB</i> | c.689G>A (p.Arg230His) | B | No | Unilateral RCC (52) | F | PGL, daughter | 39 |
| <i>SDHB</i> | c.541-2A>G | B | No | Unilateral RCC (50) | M | RCC, brother ^a | 39 |
| <i>SDHB</i> | Del exon 1 | A | PGL (17) | Unilateral renal oncocytoma | F | | 39 |
| <i>SDHB</i> | c.170A>G (p.His57Arg) | B | | Unilateral RCC ^a (28) | M | PGL, mother ^a | 20 |
| <i>SDHB</i> | c.847-50delTCTC | A+B | Unilateral RCC (26) | PGL | M | RCC, PGL, brother (24) | 20 |
| <i>SDHC</i> | c.397C>T (p.Arg133X) | B | No | Unilateral RCC (53) ^a | F | RCC, son (40) | 39 |
| <i>SDHC</i> | c.3G>A (p.Met1I) | B | HNPGL (46) | Bilateral RCC (48,60) | M | Bilateral RCC, mother (48,60) | 40 |
| <i>SDHD</i> | c.239G>T (p.Leu80Arg) | A+B | Bilateral HNPGL (17), PGL(28) | Unilateral RCC (45) ^a | M | HNPGL, father, PC brother | 39 |
| <i>TMEM127</i> | c.308delG (p.Gly103Alafs) | A | PC (47) | Unilateral RCC (47) | F | | 6 |
| <i>MAX</i> | Deletion exon 1+2 | A+B | Bilateral PC (45) | Unilateral oncocytoma (45) | M | Bilateral PC, brother (28) | 8 |

Abbreviations: F, female; M, male.

^aMetastatic disease.

Clinical and Molecular Features of Renal and Pheochromocytoma/Paraganglioma Tumor Association Syndrome (RAPTAS): Case Series and Literature Review

Ruth T. Casey,^{1,2} Anne Y. Warren,³ Jose Ezequiel Martin,¹ Benjamin G. Challis,² Eleanor Rattenberry,^{4,5} James Whitworth,¹ Katrina A. Andrews,¹ Thomas Roberts,⁶ Graeme R. Clark,¹ Hannah West,¹ Philip S. Smith,¹ France M. Docquier,¹ Fay Rodger,¹ Vicki Murray,¹ Helen L. Simpson,² Yvonne Wallis,⁴ Olivier Giger,³ Maxine Tran,⁷ Susan Tomkins,⁸ Grant D. Stewart,⁹ Soo-Mi Park,¹ Emma R. Woodward,⁵ and Eamonn R. Maher¹

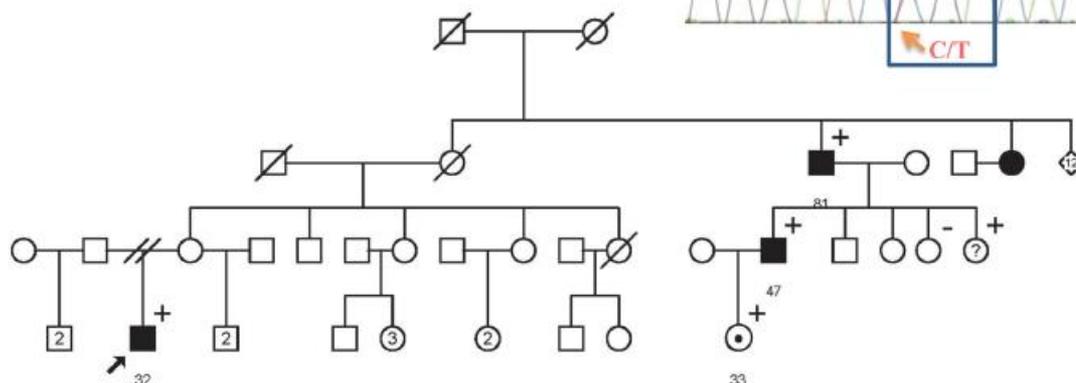


A *SDHC* FOUNDER MUTATION CAUSES PARAGANGLIOMAS (PGL) IN THE FRENCH CANADIANS: new insights on the *SDHC*-related PGL

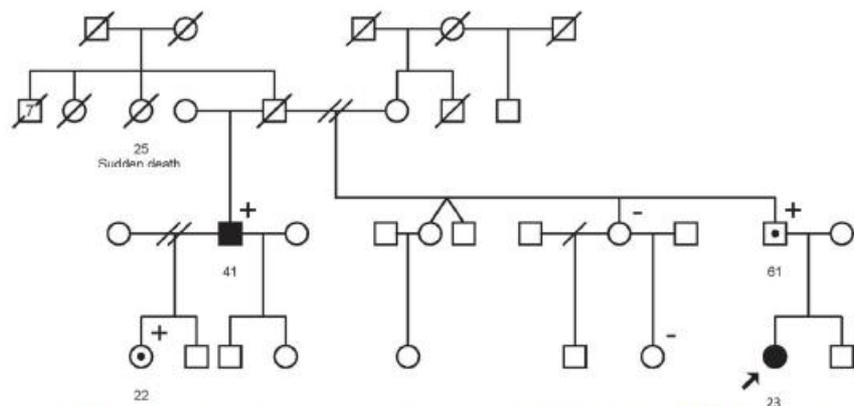
(c.397C>T, p.Arg133X)

Isabelle Bourdeau^{1,2}, Solange Grunenwald¹, Nelly Burnichon^{3,4,5}, Emmanuel Khalifa^{3,4,5}, Nadine Dumas², Marie-Claire Binet², Serge Nolet⁶, Anne-Paule Gimenez-Roqueplo^{3,4,5}

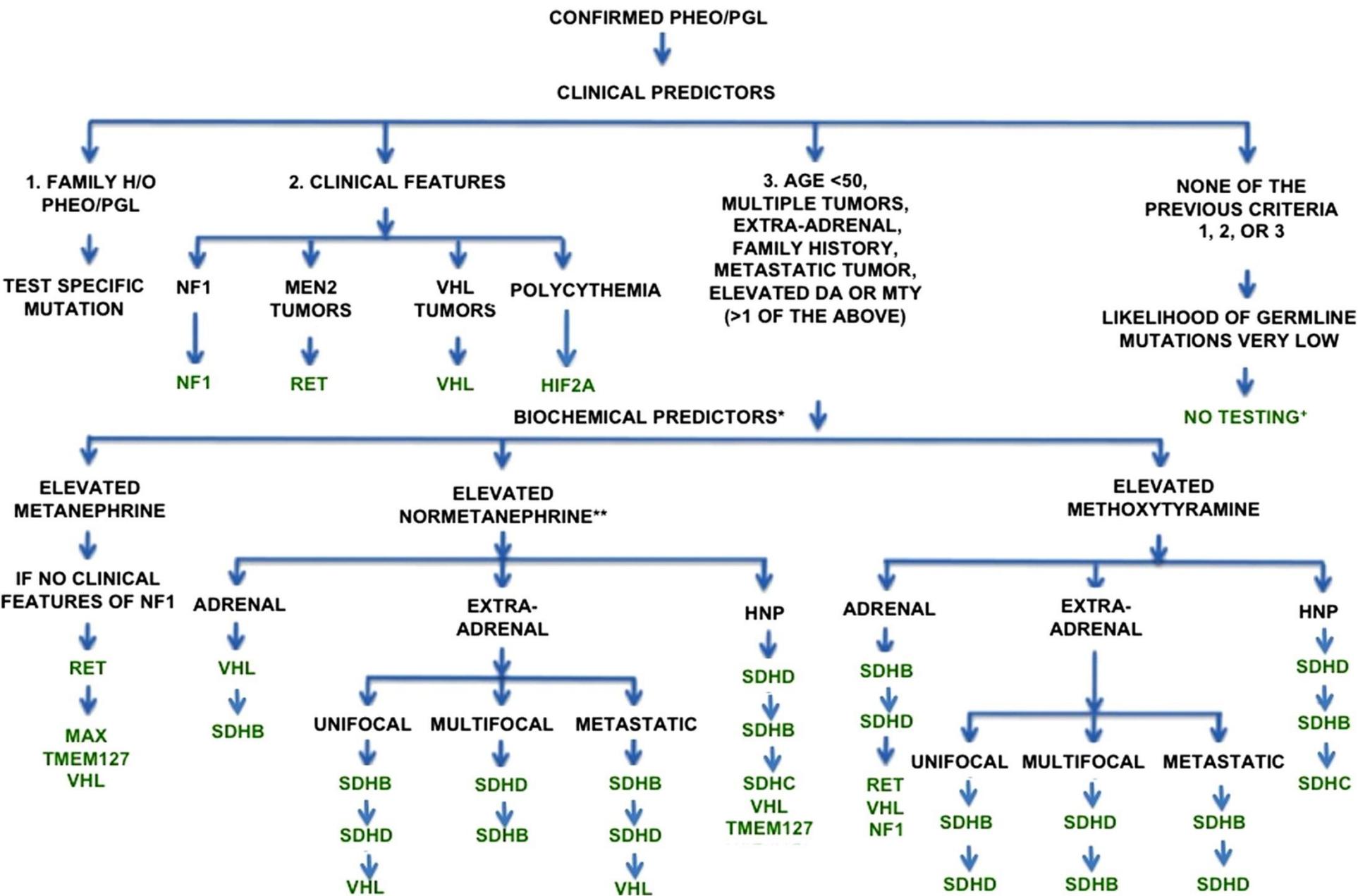
A



B



13/29 French-Canadian patients with PGLs (44.8%) carried a germline mutation
9/13 had a *SDHC* gene mutation (c.397C>T, p.[Arg133Ter])



Pheochromocytoma and Paraganglioma: An Endocrine Society Clinical Practice Guideline

Table 9. Presurgical Medical Preparation

| Drug | Starting Time | Starting Dose | Final Dose ^b |
|--|--|-------------------------|-------------------------|
| Preparation 1 Phenoxybenzamine or Doxazosine | 10–14 d before surgery 10–14 d before surgery | 10 mg b.i.d. 2 mg/d | 1 mg/kg/d 32 mg/d |
| Preparation 2 Nifedipine ^a or Amlodipine ^a | As add-on to preparation 1 when needed As add-on to preparation 1 when needed | 30 mg/d 5 mg/d | 60 mg/d 10 mg/d |
| Preparation 3 Propranolol or Atenolol | After at least 3–4 d of preparation 1 After at least 3–4 d of preparation 1 | 20 mg t.i.d. 25 mg/d | 40 mg t.i.d. 50 mg/d |

Abbreviations: b.i.d., twice daily; t.i.d., three times daily.

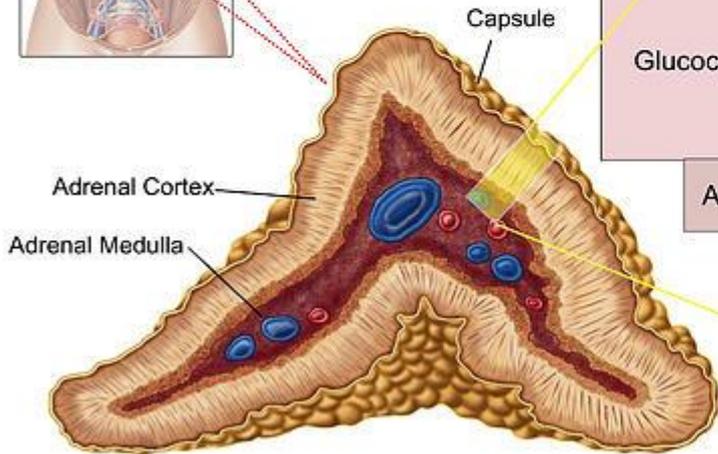
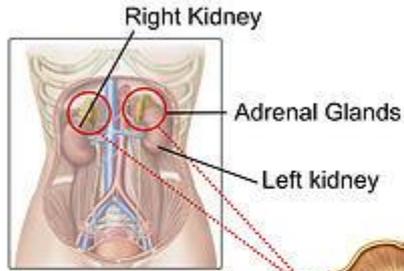
^a Add when blood pressure cannot be controlled by α -adrenoceptor blockade (preparation 1).

^b Higher doses usually unnecessary.

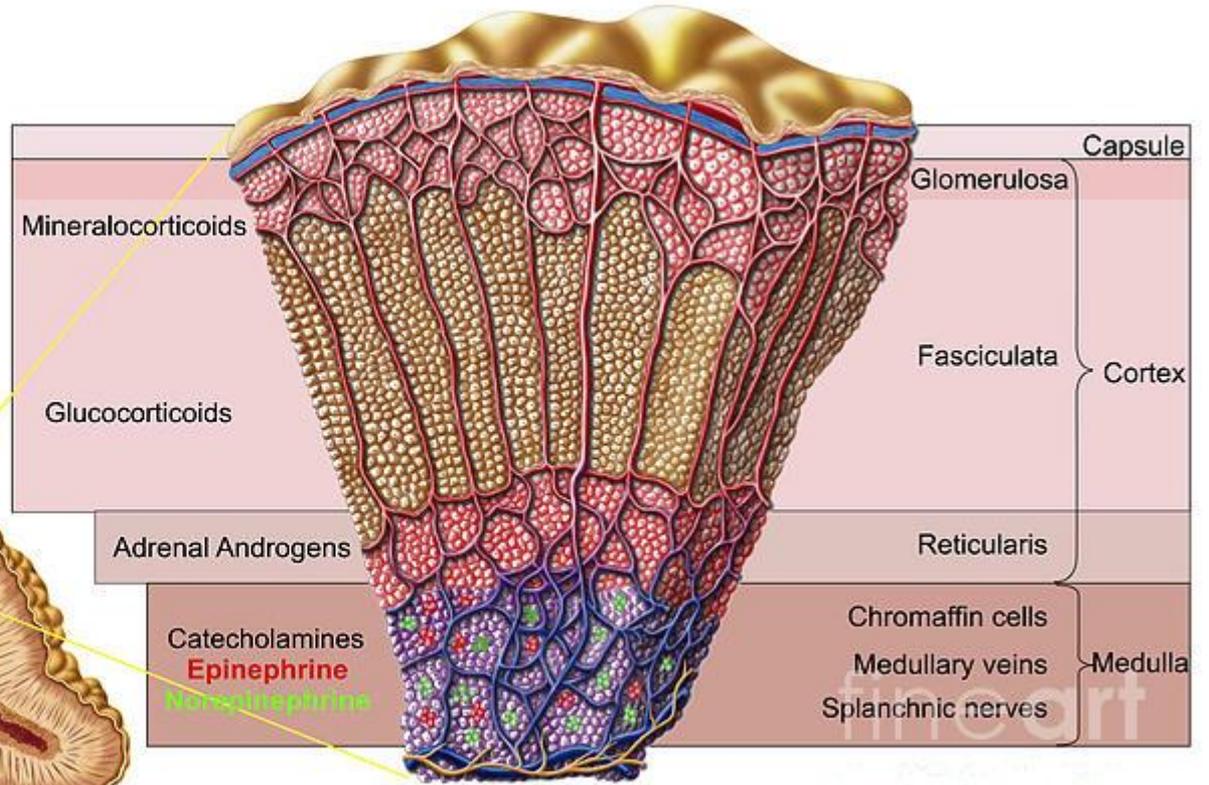
TABLE IV Screening and follow-up recommendations for risk of pheochromocytoma or paraganglioma in mutation carriers

| <i>Recommendation</i> | <i>Susceptibility gene</i> | | | <i>Syndrome</i> | | |
|--|----------------------------|-------------------|-------------------|---|--------------------------|--------------------------|
| | SDHB | SDHC | SDHD | VHL | MEN2 | NF1 |
| Age to begin screening (years) | 5–10 | 5–10 | 5–10 | 5 | 8–20 | 5 |
| Physical exam and BP | Every 6–12 months | Every 6–12 months | Every 6–12 months | Annually | Annually | Annually |
| Urinary excretion of fractionated metanephrines and catecholamines in 24 hours | Annually | Annually | Annually | Annually after age 11 | Annually | If abnormal BP |
| MRI–CT of abdomen, thorax, and pelvis | Every 6–24 months | Every 1–4 years | Every 1–4 years | If abnormal biochemistry | If abnormal biochemistry | If abnormal biochemistry |
| MRI–CT of skull base and neck | Every 2–4 years | Every 6–36 months | Every 6–36 months | — | — | — |
| Periodic MIBG scintigraphy | Every 2–4 years | Every 1–4 years | Every 1–4 years | — | — | — |
| Screening for renal cell carcinoma | Consider | — | — | Abdominal us or MRI annually after age 16 | — | — |

BP = blood pressure; MRI = magnetic resonance imaging; CT = computed tomography; MIBG = metaiodobenzylguanidine; us = ultrasonography.



Transverse Section



Microscopic Section

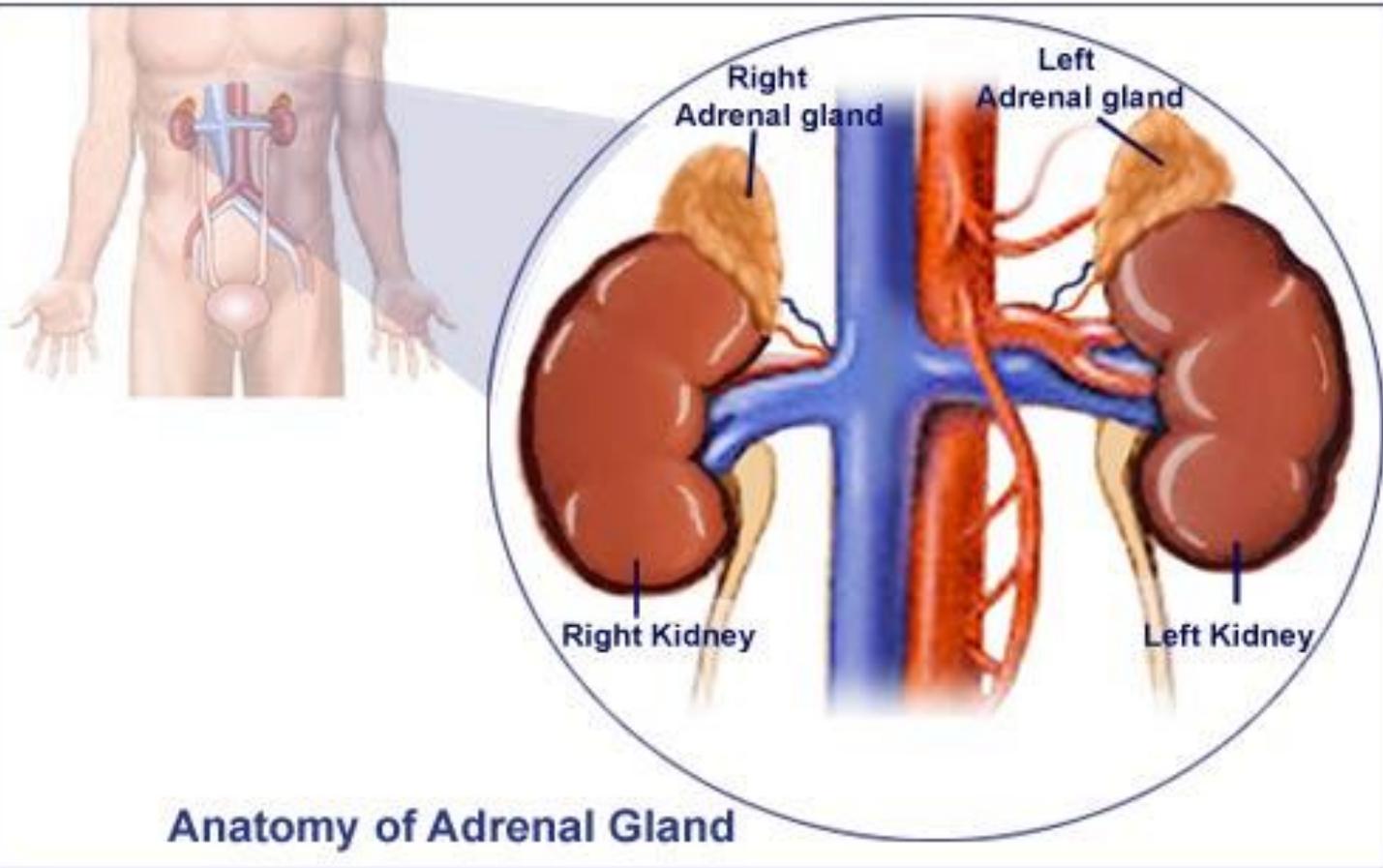
Right
Adrenal
Gland

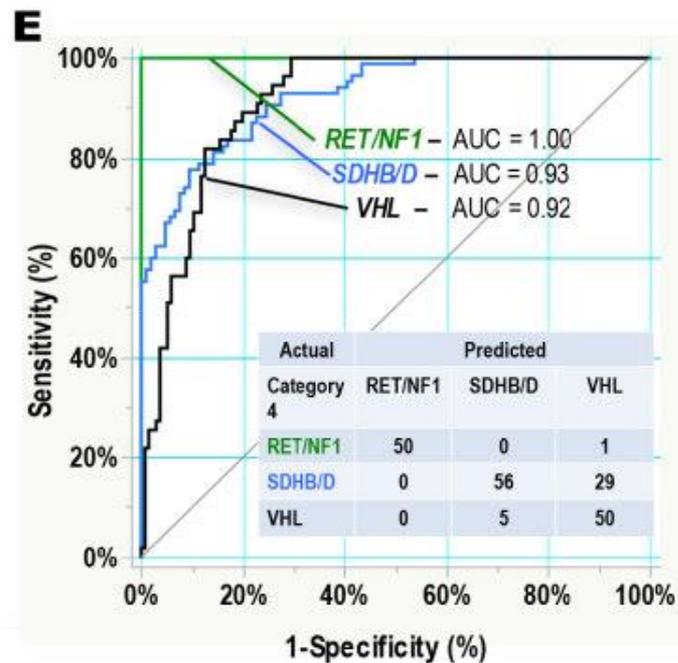
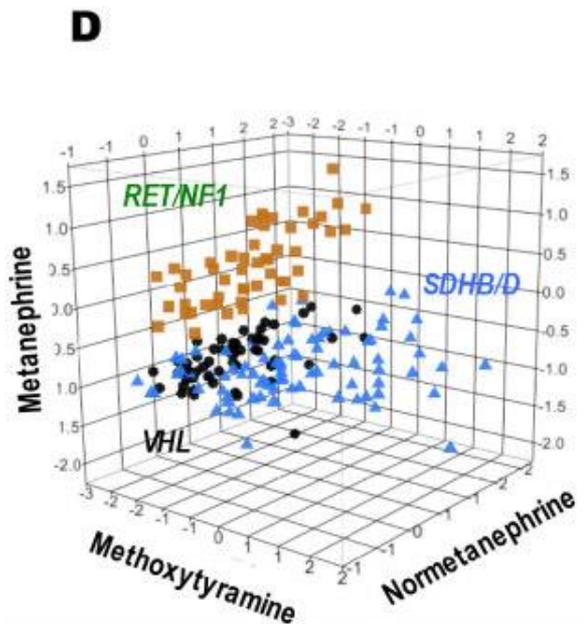
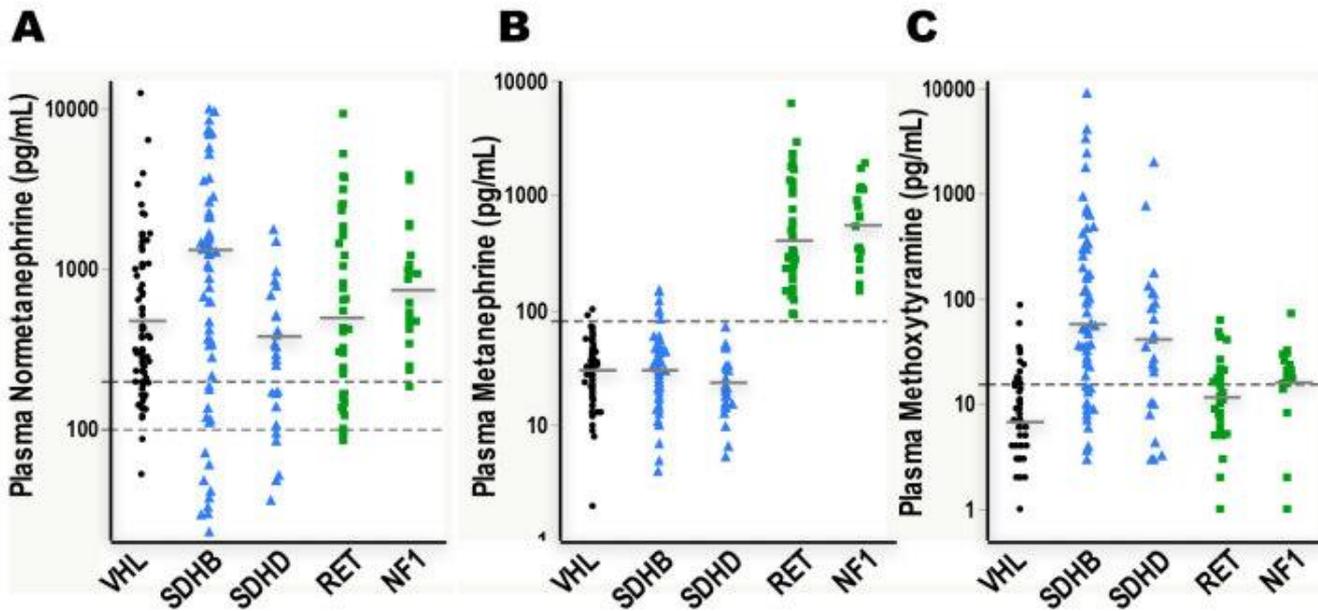


Left
Adrenal
Gland



Kidneys





Extent of surgery for pheochromocytomas in the genomic era

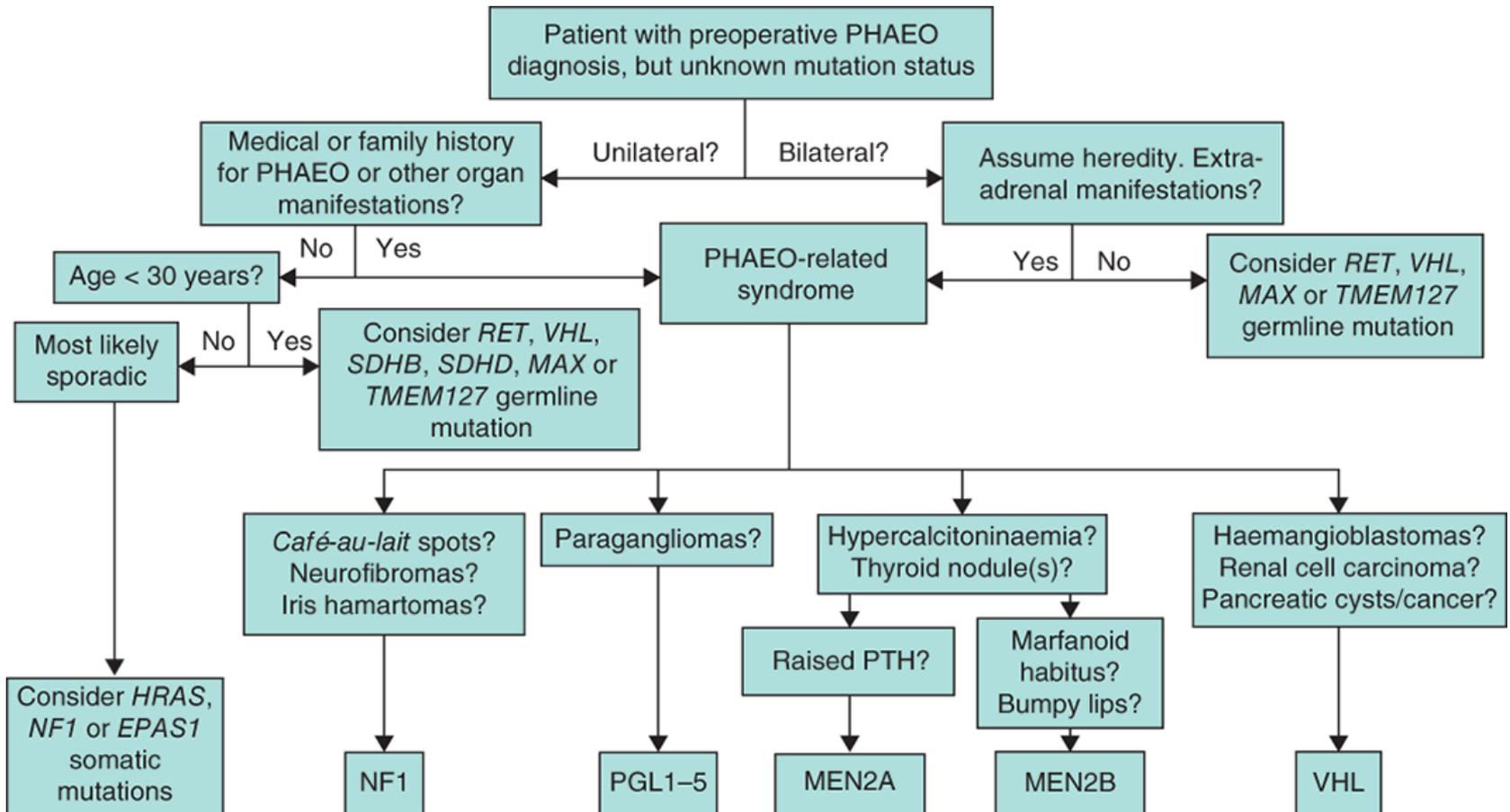


Table 4. Biochemical and Imaging Approach to PPGL

| Cluster | Gene | Biochemistry | Functional Imaging | Near Future Developments |
|------------------------------------|--|---|--|---------------------------------------|
| Pseudohypoxic, TCA cycle-related | SDHA SDHB SDHC SDHD SDHAF2 <hr/> FH | Norepinephrine/normetanephrine, 3-methoxytyramine chromogranin A | ⁶⁸ Ga-DOTATATE PET/CT | Metabolite profiling, MR spectroscopy |
| Pseudohypoxic VHL/EPAS1-related | VHL-related <hr/> EPAS1-related | Norepinephrine/normetanephrine | VHL-related should have similar imaging as EPAS 1 related = ¹⁸ F-DOPA PET/CT <hr/> ¹⁸ F-DOPA PET/CT (EPAS1) | Hypoxia imaging |
| Wnt signaling | CSDE1 <hr/> MAML3 | Norepinephrine/normetanephrine, epinephrine/metanephrine | Optimal tracer unknown | |
| Kinase signaling | RET NF1 MAX <hr/> TMEM127 <hr/> HRAS | Norepinephrine/normetanephrine, epinephrine/metanephrine | ¹⁸ F-DOPA PET/CT | |

Abbreviations: DOPA, dihydroxyphenylalanine; FDG, fluorodeoxyglucose.

Adrenal neuroendocrine tumors TNM staging AJCC UICC 2017

| Primary tumor (T) | | | |
|--|---|-------------|----------------------------|
| T category | T criteria | | |
| TX | Primary tumor cannot be assessed | | |
| T1 | PH <5 cm in greatest dimension, no extra-adrenal invasion | | |
| T2 | PH ≥5 cm or PG-sympathetic of any size, no extra-adrenal invasion | | |
| T3 | Tumor of any size with invasion into surrounding tissues (eg, liver, pancreas, spleen, kidneys) | | |
| <i>NOTE:</i> Parasympathetic paraganglioma are not staged because they are largely benign. | | | |
| Regional lymph nodes (N) | | | |
| N category | N criteria | | |
| NX | Regional lymph nodes cannot be assessed | | |
| N0 | No lymph node metastasis | | |
| N1 | Regional lymph node metastasis | | |
| Distant metastasis (M) | | | |
| M category | M criteria | | |
| M0 | No distant metastasis | | |
| M1 | Distant metastasis | | |
| M1a | Distant metastasis to only bone | | |
| M1b | Distant metastasis to only distant lymph nodes/liver or lung | | |
| M1c | Distant metastasis to bone plus multiple other sites | | |
| Prognostic stage groups | | | |
| Pheochromocytoma/sympathetic paraganglioma | | | |
| When T is... | And N is... | And M is... | Then the stage group is... |
| T1 | N0 | M0 | I |
| T2 | N0 | M0 | II |
| T1 | N1 | M0 | III |
| T2 | N1 | M0 | III |
| T3 | Any N | M0 | III |
| Any T | Any N | M1 | IV |

PH: pheochromocytoma; PG: paraganglioma.

PH: within adrenal gland; PG-sympathetic: functional; PG-parasympathetic: nonfunctional, usually in the head and neck region.

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Classifications of tumor severity and extent for head and neck neck paragangliomas

| Fisch classification [1,2] | |
|--------------------------------------|---|
| Class A | Tumors that arise along the tympanic plexus on the cochlear promontory |
| Class B | Tumors with invasion of hypotympanon; cortical bone over jugular bulb intact |
| Class C ₁ | Tumors with encroachment of the carotid foramen, but no invasion of the carotid artery |
| Class C ₂ | Tumors with destruction of the vertical carotid canal |
| Class C ₃ | Tumors that invade the horizontal portion of the carotid canal, but do not reach the foramen lacerum |
| Class C ₄ | Tumors with growth to foramen lacerum and along the carotid artery and the cavernous sinus |
| Class De _{1/2} | Tumors with intracranial but only extradural extension; De _{1/2} according to displacement of dura (De ₁ = less than 2 cm, De ₂ = more than 2 cm) |
| Class Di _{1/2/3} | Tumors with intracranial and intradural extension; Di _{1/2/3} according to depth of invasion into posterior cranial fossa (Di ₁ = less than 2 cm, Di ₂ = between 2 and 4 cm, Di ₃ = more than 4 cm) |
| Jackson/Glasscock classification [3] | |
| Type 1 | Small tumor involving the jugular bulb, middle ear, and mastoid process |
| Type 2 | Extending under internal auditory canal; may have intracranial extension |
| Type 3 | Extending into petrous apex; may have intracranial extension |
| Type 4 | Extending beyond petrous apex into clivus or infratemporal fossa; may have intracranial extension |

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1. Fisch U, Mattox D. *Microsurgery of the skull base*. Thieme, Stuttgart-New York, 1988, page 149.
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3. Jackson CG, Glasscock ME 3rd, Harris PF. *Glomus Tumors. Diagnosis, classification, and management of large lesions*. *Arch Otolaryngol* 1982; 108:401.

Neurofibromatosis type 1: *NF1* (von Recklinghausen disease)

TABLE III Clinical diagnostic criteria for neurofibromatosis type 1 (NF1) (note that pheochromocytoma is not listed)

| <i>Criterion (must fulfil at least 2)</i> | <i>Proportion of NF1 patients (%)</i> |
|---|---|
| Six or more café-au-lait spots 1.5 cm or larger in postpubertal individual 0.5 cm or larger in prepubertal individual | 86.7 |
| Two or more neurofibromata of any type or one or more plexiform neurofibromata | 89 |
| Freckling in the axilla, neck, or groin | 83 |
| Optic glioma | — |
| Two or more Lisch nodules | 63 |
| Distinctive bony lesion (dysplasia of sphenoid bone or long-bone cortex) | — |
| A first-degree relative with NF1 | 71 |

